Advanced De-escalation and Use of Force in Policing Training Course

Professional Development Training Course Outline

Category	Criminology	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today’s evolving law enforcement landscape, advanced de-escalation techniques and the judicious use of force are paramount to preserving community trust and ensuring officer safety. Training Course on Advanced De-escalation & Use of Force in Policing is meticulously designed for modern policing professionals seeking to enhance their situational awareness, decision-making under pressure, and application of non-lethal force options. Through evidence-based practices, legal compliance protocols, and real-world scenarios, participants will gain practical and ethical tools to navigate high-stress encounters with minimal conflict.

With the rise in police accountability, body-worn camera policies, and public scrutiny, it is crucial for officers and law enforcement leaders to master the principles of verbal de-escalation, implicit bias mitigation, mental health crisis intervention, and proportional use of force. This course aligns with national reform initiatives and promotes community policing strategies, reinforcing the role of law enforcement as peacekeepers. By integrating technology, communication psychology, and tactical discipline, learners will become certified in forward-thinking methods that reduce liability, injuries, and public mistrust.

Programme Curriculum

Advanced De-escalation and Use of Force in Policing Training Course

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Course Objectives

1. Apply trauma-informed de-escalation strategies in high-risk scenarios.
2. Analyze the legal parameters surrounding use of force incidents.
3. Recognize signs of mental health crises and respond appropriately.
4. Utilize tactical communication to defuse tense encounters.
5. Examine racial bias and cultural competency in policing.
6. Interpret departmental policies on force continuum application.
7. Integrate body camera data into performance reviews and accountability.
8. Conduct after-action reports with focus on transparency and improvement.
9. Evaluate emerging technologies in non-lethal force applications.
10. Develop leadership models for de-escalation mentoring and coaching.
11. Improve officer wellness and emotional regulation in the field.
12. Train for real-time judgment through decision-based scenario drills.
13. Foster community engagement to reinforce trust and reduce confrontations.

Target Audiences

1. Police officers and deputies
2. Law enforcement supervisors
3. SWAT and tactical response teams
4. Police academy trainers
5. Internal affairs investigators
6. Criminal justice instructors
7. Public safety officials
8. Crisis negotiation specialists

Course Duration: 10 days

Course Modules

Module 1: Principles of Modern De-escalation

- Understanding verbal and non-verbal cues
- Role of empathy in officer-citizen interactions
- Setting boundaries in confrontations
- Balancing authority with approachability
- Command presence without aggression
- **Case Study: Resolving a domestic dispute with minimal force**

Module 2: Legal Standards for Use of Force

- Graham v. Connor and constitutional guidelines
- State-specific use of force statutes
- Duty to intervene policies
- Civil and criminal liability risks
- Documenting use of force legally

- **Case Study: Officer indicted due to policy breach**

Module 3: Force Continuum & Tactical Decision Making

- Levels of force and response matrix
- Lethal vs. non-lethal options
- Immediate threat assessments
- Use of cover, concealment, and time
- Applying the OODA loop in action
- **Case Study: Body cam footage of suspect with weapon**

Module 4: Mental Health and Crisis Response

- Recognizing mental health symptoms
- De-escalation in psychosis or trauma
- Involuntary commitment protocols
- Working with crisis intervention teams
- Suicide-by-cop prevention strategies
- **Case Study: Dealing with a schizophrenic suspect**

Module 5: Tactical Communication and Influence

- Tone and pacing in verbal interactions
- Active listening techniques
- De-escalating verbal threats
- Managing crowd emotions
- Redirection techniques
- **Case Study: Officer defuses group confrontation without force**

Module 6: Cultural Competency and Bias Awareness

- Understanding community demographics
- Unconscious bias and policing
- Race-based trauma and policing history
- Fair and impartial policing methods
- Language barriers and cultural respect
- **Case Study: Escalation due to cultural misunderstanding**

Module 7: Emotional Intelligence in Policing

- Managing personal triggers
- Empathy under stress
- Building rapport with agitated individuals
- Emotional regulation techniques
- Maintaining professionalism
- **Case Study: Officer de-escalates road rage incident calmly**

Module 8: Body-Worn Cameras and De-escalation

- Using footage to review performance
- Public transparency and video evidence
- Best practices for activation
- Integrating video in training
- Legal challenges around footage
- **Case Study: Officer cleared due to camera review**

Module 9: Non-lethal Weapons Training

- Types: tasers, batons, pepper spray
- Deployment distances and risks
- Post-use medical protocols
- Policy alignment and documentation
- Ethics of less-lethal force
- **Case Study: Excessive force claim following taser use**

Module 10: Scenario-Based Training Exercises

- Real-time virtual simulations
- Role-playing high-risk calls
- Adrenaline management drills
- Debriefing and coaching sessions
- Metrics for performance assessment
- **Case Study: Training evaluation impacts officer response in real case**

Module 11: Officer Safety and De-escalation Balance

- Personal safety tactics
- Handling ambush threats
- De-escalation under risk
- Situational control principles
- Escalation indicators
- **Case Study: Safe disengagement during felony stop**

Module 12: Community Policing and Trust Building

- Neighborhood engagement strategies
- Transparency during investigations
- Community debriefing after incidents
- Involving civilians in training
- Building legitimacy and trust
- **Case Study: Community feedback post-deployment**

Module 13: Supervisor Role in Use of Force Oversight

- Reviewing officer conduct
- Early intervention systems
- Accountability structures
- Mentoring and retraining models
- Leadership in crisis
- **Case Study: IA review changes department culture**

Module 14: Officer Wellness and Stress Management

- Impact of high-stress incidents
- Peer support networks
- Sleep, nutrition, and mindfulness
- Mental health resources
- Resiliency and recovery
- **Case Study: Officer burnout leads to excessive force**

Module 15: Post-Incident Review and Policy Reform

- Use of force reporting formats
- Root cause analysis

- Community and media response
- Training adjustments
- Lessons learned integration
- **Case Study: Policy change following controversial shooting**

Training Methodology

- Scenario-based role play and simulation
- Interactive workshops and group discussions
- Legal analysis of case law and policy
- Video debriefing of real-life incidents
- Peer-reviewed field experience sharing
- Performance assessments and certification exam

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000
23 Nov 2026	04 Dec 2026	Physical	$6,000

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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