Advanced Trauma-Informed Care for Victims of Crime Training Course

Professional Development Training Course Outline

Category	Criminology	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today's justice and healthcare systems, trauma-informed care is a critical component in supporting victims of crime. Training Course on Advanced Trauma-Informed Care for Victims of Crime equips professionals with the necessary skills to provide compassionate, evidence-based care tailored to the complex needs of trauma survivors. Through an integrated approach rooted in psychology, criminal justice, and clinical best practices, this course enhances participants' capacity to recognize trauma responses, reduce re-traumatization, and foster recovery. With an emphasis on neuroscience of trauma, resilience-building, and cultural competence, the curriculum blends theory and applied knowledge, offering participants real-world case studies to strengthen decision-making and therapeutic approaches.

As demand increases for trauma-aware systems across sectors—from law enforcement to victim advocacy—this program prepares participants to lead with empathy, ethics, and interdisciplinary collaboration. Learners will explore trauma's long-term effects, advanced assessment frameworks, and intervention strategies across diverse populations including children, survivors of gender-based violence, and communities affected by mass trauma. The course also focuses on secondary trauma, vicarious resilience, and practitioner self-care. By completing this program, professionals will elevate their impact in both clinical and community-based settings and contribute to a more just, healing-centered society.

Programme Curriculum

Advanced Trauma-Informed Care for Victims of Crime Training Course

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Course Objectives

1. Understand the neuroscience of trauma and its impact on victim behavior.
2. Apply trauma-informed principles in victim services and criminal justice.
3. Recognize signs of complex PTSD and cumulative trauma.
4. Integrate evidence-based therapeutic techniques in trauma care.
5. Implement culturally sensitive interventions for diverse populations.
6. Develop strategies to prevent re-traumatization during interviews and investigations.
7. Strengthen resilience-building practices in victims and care providers.
8. Identify and manage secondary traumatic stress in professionals.
9. Use trauma-informed communication for victim empowerment.
10. Collaborate across systems using a multi-disciplinary trauma-informed model.
11. Apply trauma-informed justice practices in legal proceedings.
12. Design trauma-sensitive environments in institutional settings.
13. Evaluate program outcomes using trauma-informed assessment tools.

Target Audiences

1. Mental health professionals and trauma therapists
2. Social workers and case managers
3. Law enforcement officers
4. Prosecutors and public defenders
5. Victim advocates and crisis counselors
6. Medical and emergency care providers
7. Correctional officers and prison healthcare staff
8. NGO and community-based support personnel

Course Duration: 5 days

Course Modules

Module 1: Understanding Trauma and Its Neurobiological Impact

- Overview of trauma types and prevalence
- Brain-body connection and trauma memory
- Impact on cognitive and emotional functioning
- Behavioral symptoms in trauma survivors
- Application of trauma neuroscience in practice
- **Case Study**: Working with a survivor of childhood abuse

Module 2: Trauma-Informed Principles in Practice

- The "4 R's" of trauma-informed care
- Creating safety and trustworthiness

- Supporting choice and empowerment
- Fostering collaboration and transparency
- Adapting environments and policies
- **Case Study**: Transforming an intake process in a victim support center

Module 3: Complex Trauma and PTSD in Victims of Crime

- Identifying complex PTSD and co-occurring disorders
- Understanding polyvictimization and chronic trauma
- Advanced diagnostic and therapeutic strategies
- Risk factors and long-term effects
- Trauma timelines and narrative work
- **Case Study**: Therapeutic plan for a domestic violence survivor

Module 4: Cultural and Intersectional Approaches to Trauma Care

- Role of culture in trauma response
- Barriers to care among marginalized populations
- Intersectionality and compounded trauma
- Trauma-informed language and representation
- Best practices in culturally responsive services
- **Case Study**: Supporting an immigrant survivor of sexual assault

Module 5: Trauma-Informed Communication and Interviewing

- Principles of empathetic engagement
- Grounding techniques for interviews
- Avoiding triggering questions
- Strategies for non-verbal communication
- Building rapport and active listening
- **Case Study**: Conducting a trauma-informed police interview

Module 6: Vicarious Trauma and Professional Resilience

- Understanding secondary traumatic stress
- Identifying signs of burnout and compassion fatigue
- Self-care strategies for caregivers
- Peer support systems and supervision models
- Mindfulness and emotional regulation
- **Case Study**: Supporting a frontline counselor showing signs of vicarious trauma

Module 7: Legal and Systemic Implications of Trauma-Informed Care

- Integrating trauma-informed approaches in court settings
- Reframing victim behavior in legal contexts
- Victim rights and trauma-sensitive policy
- Courtroom accommodations for trauma survivors
- Multi-agency collaboration for justice reform
- **Case Study**: Trauma-informed approach in a child abuse trial

Module 8: Designing and Evaluating Trauma-Informed Programs

- Components of effective trauma-informed programs
- Data collection and outcome measures
- Continuous quality improvement cycles
- Policy development and implementation

- Funding and sustainability planning
- **Case Study**: Evaluating a community trauma recovery initiative

Training Methodology

- Interactive lectures with expert facilitators
- Group discussions and reflective journaling
- Role-plays and skills-building simulations
- Case study analysis and peer feedback
- Multimedia resources (videos, podcasts, articles)
- Post-training action planning and evaluation tools

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com