Agile Certified Practitioner (PMI-ACP®) Prep Training Course

Professional Development Training Course Outline

Category	Project Management	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Agile Certified Practitioner (PMI-ACP®) Prep Training Course provides a comprehensive and structured pathway for professionals seeking to master agile project management principles while preparing for the PMI-ACP® certification exam. The course delivers in-depth coverage of agile frameworks, lean thinking, servant leadership, adaptive planning, value-driven delivery, and continuous improvement. Participants will gain practical knowledge of agile methodologies including Scrum, Kanban, Extreme Programming (XP), Lean, and hybrid approaches, enabling them to manage complex projects in fast-changing business environments with confidence and agility.

This training emphasizes real-world application of agile tools, techniques, and mindset across industries such as IT, finance, construction, healthcare, and public sector projects. Through structured modules, exam-focused learning, practice scenarios, and case studies, participants develop the skills required to improve team collaboration, accelerate delivery, manage stakeholder expectations, and respond effectively to change. The course aligns fully with the PMI-ACP® exam domains and supports professionals in achieving certification readiness while enhancing organizational agility and project success rates.

Programme Curriculum

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Course Objectives

1. Understand agile principles, values, and mindset aligned with PMI-ACP® standards.
2. Apply agile frameworks and hybrid models in real-world project environments.
3. Strengthen servant leadership and agile team facilitation skills.
4. Implement adaptive planning and iterative delivery techniques.
5. Manage agile project scope, time, cost, and quality effectively.
6. Use value-driven delivery and prioritization techniques.
7. Apply risk-based thinking and continuous improvement practices.
8. Enhance stakeholder engagement and communication strategies.
9. Integrate agile metrics, KPIs, and performance measurement tools.
10. Prepare effectively for the PMI-ACP® certification examination.
11. Apply lean and flow-based approaches to optimize delivery.
12. Manage distributed and cross-functional agile teams.
13. Develop organizational agility through agile transformation practices.

Organizational Benefits

- Improved project delivery speed and predictability
- Enhanced team collaboration and productivity
- Better alignment of projects with business value
- Increased adaptability to change and uncertainty
- Reduced project risks and waste
- Stronger leadership and decision-making capabilities
- Improved stakeholder satisfaction and transparency
- Higher project success rates
- Strengthened organizational agility and resilience
- Increased certification readiness among project teams

Target Audiences

- Project managers and program managers
- Agile practitioners and Scrum Masters
- Product owners and business analysts
- PMO professionals and transformation leaders
- IT and digital project professionals

- Operations and process improvement managers
- Consultants and project management trainers
- Professionals preparing for PMI-ACP® certification

Course Duration: 10 days

Course Modules

Module 1: Agile Principles and Mindset

- Agile values and principles overview
- Agile versus traditional project management
- Agile mindset and cultural shift
- Benefits of agile adoption
- Common agile misconceptions
- Case Study: Transition from waterfall to agile delivery

Module 2: Agile Frameworks Overview

- Scrum framework fundamentals
- Kanban principles and flow management
- Extreme Programming (XP) practices
- Lean and hybrid agile approaches
- Selecting the right framework
- Case Study: Framework selection for enterprise projects

Module 3: Agile Roles and Responsibilities

- Agile team structures
- Roles of Scrum Master, Product Owner, and team
- Servant leadership principles
- Empowering self-organizing teams
- Managing cross-functional collaboration
- Case Study: Role clarity in agile teams

Module 4: Agile Planning and Estimation

- Adaptive planning concepts
- Release and iteration planning
- Agile estimation techniques
- Backlog refinement practices
- Managing uncertainty in planning
- Case Study: Estimation challenges in agile projects

Module 5: Value-Driven Delivery

- Defining customer value
- Prioritization techniques
- Minimum viable product (MVP) concepts
- Incremental and iterative delivery
- Measuring delivered value
- Case Study: Delivering value through MVP

Module 6: Agile Project Lifecycle

- Agile lifecycle phases
- Continuous integration and delivery
- Managing dependencies
- Increment reviews and retrospectives
- Lifecycle governance considerations
- Case Study: Managing lifecycle in large agile programs

Module 7: Stakeholder Engagement

- Stakeholder identification and analysis
- Agile communication strategies
- Managing expectations and feedback
- Collaboration with business sponsors
- Transparency and reporting
- Case Study: Stakeholder alignment in agile delivery

Module 8: Agile Team Performance

- Building high-performing teams
- Motivation and team dynamics
- Conflict resolution techniques
- Coaching and mentoring practices
- Continuous learning culture
- Case Study: Improving team velocity

Module 9: Agile Metrics and Reporting

- Agile KPIs and performance metrics
- Burn-down and burn-up charts
- Cumulative flow diagrams

- Measuring predictability and quality
- Data-driven decision-making
- Case Study: Using metrics to improve delivery

Module 10: Risk Management in Agile

- Agile risk identification techniques
- Managing uncertainty and change
- Technical and business risk mitigation
- Risk-adjusted backlog prioritization
- Continuous risk review
- Case Study: Risk handling in complex agile projects

Module 11: Quality Management in Agile

- Built-in quality concepts
- Definition of done and acceptance criteria
- Continuous testing practices
- Technical excellence principles
- Managing defects and rework
- Case Study: Quality improvement through agile practices

Module 12: Agile Contracts and Governance

- Agile governance models
- Contracting in agile environments
- Compliance and regulatory considerations
- Reporting to senior management
- Scaling governance frameworks
- Case Study: Agile governance in regulated industries

Module 13: Scaling Agile

- Scaling frameworks overview
- Managing large and distributed teams
- Coordination across multiple teams
- Portfolio-level agility
- Organizational change management
- Case Study: Scaling agile in large enterprises

Module 14: Continuous Improvement and Learning

- Retrospective techniques
- Kaizen and continuous improvement
- Knowledge sharing practices
- Learning metrics and feedback loops
- Sustaining agile maturity
- Case Study: Continuous improvement roadmap

Module 15: PMI-ACP® Exam Preparation

- PMI-ACP® exam structure and domains
- Exam content outline review
- Practice questions and simulations
- Exam strategies and time management
- Certification application guidance
- Case Study: Exam success strategies from certified professionals

Training Methodology

- Instructor-led lectures and concept briefings
- Agile simulations and practical exercises
- Group discussions and collaborative workshops
- Real-world project scenarios and case studies
- Practice exams and exam-focused reviews
- Action planning and performance feedback sessions

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.
f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

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