Community Sanitation and Hygiene Training Course

Professional Development Training Course Outline

Category	Community Development	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Community sanitation and hygiene are critical components of public health that directly influence the well-being and productivity of populations. Effective sanitation practices prevent the spread of infectious diseases, enhance environmental sustainability, and foster healthier communities. Community Sanitation and Hygiene Training Course is designed to equip participants with comprehensive knowledge and practical skills in community-based sanitation, waste management, water safety, and hygiene promotion. Emphasizing evidence-based approaches, behavior change communication, and participatory engagement, the course ensures that participants can implement effective strategies that meet international public health standards. Key concepts include sanitation infrastructure, community mobilization, hygiene behavior change, and monitoring and evaluation of sanitation programs.

The course integrates interactive learning methodologies, including case studies, field exercises, and scenario-based problem-solving to reinforce theoretical knowledge. Participants will gain insights into policy frameworks, environmental health regulations, and best practices in hygiene promotion. By the end of the program, participants will be empowered to design, implement, and evaluate sanitation interventions that significantly reduce health risks and improve community health outcomes. This training is ideal for public health professionals, community health workers, NGOs, and local government officials seeking to enhance their competencies in sanitation and hygiene management.

Programme Curriculum

Community Sanitation and Hygiene Training Course

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Course Objectives

1. Understand the fundamentals of community sanitation and hygiene practices.
2. Identify key health risks associated with poor sanitation and hygiene.
3. Apply behavior change strategies to promote hygiene practices in communities.
4. Assess water quality and implement safe water handling measures.
5. Design and implement effective waste management systems.
6. Utilize monitoring and evaluation tools for sanitation programs.
7. Develop community engagement strategies to improve hygiene awareness.
8. Interpret national and international sanitation policies and guidelines.
9. Implement gender-sensitive sanitation interventions.
10. Integrate sustainable sanitation practices into community health programs.
11. Enhance emergency preparedness for sanitation-related outbreaks.
12. Evaluate sanitation interventions using evidence-based indicators.
13. Apply participatory approaches in promoting hygiene behaviors.

Organizational Benefits

- Reduced incidence of waterborne and sanitation-related diseases.
- Improved community health outcomes and productivity.
- Enhanced compliance with national and international health standards.
- Strengthened capacity of staff in sanitation management and hygiene promotion.

- Cost savings through effective waste management and resource optimization.
- Improved organizational reputation and community trust.
- Increased engagement and participation of local communities.
- Reduced environmental contamination and pollution.
- Enhanced preparedness for public health emergencies.
- Support for sustainable development goals related to health and sanitation.

Target Audiences

1. Public health officers
2. Community health workers
3. Environmental health professionals
4. NGO staff working in sanitation and hygiene programs
5. Local government officials in health departments
6. School health coordinators
7. Water and sanitation engineers
8. Disaster response and emergency management personnel

Course Duration: 5 days

Course Modules

Module 1: Introduction to Community Sanitation and Hygiene

- Principles of sanitation and hygiene
- Historical perspectives and global standards
- Health impacts of poor sanitation
- Role of communities in promoting hygiene
- Community case study: Rural sanitation interventions
- Practical exercise: Hygiene behavior mapping

Module 2: Water Safety and Quality Management

- Waterborne diseases and prevention
- Safe water handling practices
- Water treatment methods
- Household water storage and hygiene

- Community water quality monitoring case study
- Practical exercise: Water sampling and testing

Module 3: Waste Management and Environmental Hygiene

- Solid and liquid waste management
- Composting and recycling methods
- Environmental contamination and health risks
- Community sanitation infrastructure planning
- Case study: Urban waste management project
- Field exercise: Local waste assessment

Module 4: Personal Hygiene and Behavior Change

- Handwashing and personal hygiene practices
- Hygiene promotion campaigns
- Behavioral change communication strategies
- Cultural and social considerations in hygiene promotion
- Case study: Handwashing campaigns in schools
- Role-play exercise: Promoting hygiene behaviors

Module 5: Community Engagement and Mobilization

- Participatory approaches to sanitation
- Stakeholder identification and involvement
- Mobilization techniques and advocacy
- Communication strategies for community buy-in
- Case study: Village-led total sanitation initiative
- Group exercise: Community action planning

Module 6: Monitoring, Evaluation, and Reporting

- Indicators for sanitation and hygiene programs
- Data collection tools and techniques
- Program evaluation frameworks
- Reporting and feedback mechanisms
- Case study: Evaluating a community sanitation program

- Practical exercise: Designing an M&E plan

Module 7: Sanitation Policies, Standards, and Regulations

- National sanitation policies and guidelines
- International standards and best practices
- Regulatory compliance and enforcement
- Policy advocacy and development
- Case study: Policy implementation in local government
- Group discussion: Policy challenges and solutions

Module 8: Emergency Sanitation and Hygiene Response

- Sanitation challenges in emergencies
- Emergency water and hygiene interventions
- Disease prevention during crises
- Rapid assessment and response strategies
- Case study: Hygiene interventions during floods
- Simulation exercise: Emergency sanitation planning

Training Methodology

- Interactive lectures and presentations
- Group discussions and peer learning
- Case studies for real-world application
- Field visits and hands-on practical exercises
- Role-plays and scenario-based learning
- Participatory workshops and community simulations

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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