De-escalation and Crisis Intervention Training for Law Enforcement Training Course

Professional Development Training Course Outline

Category	Criminology	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today’s dynamic and increasingly complex public safety environment, De-escalation & Crisis Intervention Training for Law Enforcement is critical to improving officer safety, reducing civilian harm, and building community trust. Training Course on De-escalation & Crisis Intervention Training for Law Enforcement is designed to equip law enforcement professionals with the psychological insight, communication strategies, and situational awareness needed to resolve high-stakes incidents involving mental health crises, substance abuse, domestic violence, and emotionally charged confrontations—without unnecessary use of force. With rising public demand for police accountability, mastering non-lethal conflict resolution and trauma-informed policing techniques is more vital than ever.

Built on evidence-based practices, real-world scenarios, and the latest neuroscience in stress response, this training program delivers cutting-edge tools for crisis response, active listening, behavioral threat assessment, and mental health first aid. Whether for patrol officers, supervisors, or special units, this course provides a high-impact learning experience tailored to enhance decision-making under pressure, manage volatile encounters, and ensure ethical and legal compliance during interventions. Participants will benefit from interactive workshops, case study analysis, and scenario-based simulations that prioritize both officer wellness and public safety.

Programme Curriculum

De-escalation and Crisis Intervention Training for Law Enforcement Training Course

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Course Objectives

1. Develop advanced crisis communication skills for volatile situations.
2. Apply trauma-informed policing principles in field interventions.
3. Recognize mental health and substance abuse indicators in the field.
4. Utilize verbal de-escalation tactics to reduce use-of-force incidents.
5. Implement decision-making under pressure using tactical empathy.
6. Integrate community policing strategies with crisis management.
7. Strengthen emotional intelligence for effective officer conduct.
8. Conduct behavioral threat assessments during critical incidents.
9. Improve officer resilience and wellness in high-stress roles.
10. Navigate legal and ethical boundaries of crisis intervention.
11. Analyze case law and policy compliance regarding use-of-force.
12. Facilitate cross-agency collaboration for crisis response.
13. Leverage technology and body-worn cameras in crisis recording.

Target Audience

1. Police Officers
2. SWAT & Tactical Response Teams
3. Correctional Officers
4. First Responders
5. Police Trainers & Instructors
6. Probation & Parole Officers
7. Crisis Negotiators
8. Law Enforcement Supervisors

Course Duration: 10 days

Course Modules

Module 1: Introduction to De-escalation & Use-of-Force Continuum

- Understanding use-of-force spectrum
- Historical overview of policing and force
- Public perception and media influence
- Constitutional guidelines and human rights
- Officer discretion and liability
- **Case Study:** George Floyd incident and policy reform

Module 2: Psychology of Crisis and Stress Response

- Fight/flight/freeze mechanisms
- Identifying stress-induced behaviors
- Psychological disorders and behavior cues

- Officer response under adrenaline
- Mental fatigue and situational misjudgment
- **Case Study:** Suicide-by-cop scenario breakdown

Module 3: Verbal De-escalation and Tactical Communication

- Tone and body language alignment
- Tactical empathy and reflective listening
- Defusing aggression without threats
- Communication models (LEAPS, ACT)
- Avoiding verbal traps/escalators
- **Case Study:** Hostile traffic stop resolution

Module 4: Recognizing Mental Health Crises

- Symptoms of schizophrenia, PTSD, bipolar disorder
- Crisis behavior vs. criminal behavior
- Role of CIT officers
- Community mental health collaboration
- Involuntary commitment and legal rights
- **Case Study:** Schizoaffective disorder confrontation

Module 5: Suicide Risk and Intervention

- Warning signs and suicidal ideation
- Question-Persuade-Refer (QPR) model
- Maintaining officer safety during intervention
- Role of mental health responders
- Risk assessment documentation
- **Case Study:** Teen suicide threat in a domestic call

Module 6: Substance-Induced Crisis Management

- Drug-related behavioral cues
- Dealing with hallucinations and paranoia
- Differentiating intoxication vs. overdose
- Narcan use and protocol
- Coordinating with EMS and rehab services
- **Case Study:** Methamphetamine-induced psychosis

Module 7: Tactical De-escalation for Armed Subjects

- Cover, concealment, and communication
- Time-distance-shielding principles
- Non-lethal tools overview
- Role of backup and containment
- De-escalation vs. active shooter protocol
- **Case Study:** Knife-wielding suspect containment

Module 8: Domestic Violence Crisis Intervention

- Power/control dynamics and cycle of violence
- Dual victim-offender complexity
- Emotional volatility and trauma response
- Officer biases and trauma-informed care
- Safety planning and victim resources

- **Case Study:** Intimate partner violence standoff

Module 9: Youth and Juvenile Crisis Response

- Developmental psychology in adolescents
- School-based intervention techniques
- Minimizing trauma during apprehension
- Social services referrals
- Family system dynamics
- **Case Study:** School fight escalation scenario

Module 10: Elderly and Cognitive Disorder Engagement

- Alzheimer's and dementia behavior indicators
- Communicating with confused individuals
- Misinterpretation of police presence
- Senior abuse detection
- Reporting requirements
- **Case Study:** Elderly man with dementia wielding cane

Module 11: Homelessness and Crisis Situations

- Chronic vs. situational homelessness
- Substance abuse and co-occurring disorders
- Rights and dignity of homeless persons
- Local resource mapping
- Humanizing through verbal rapport
- **Case Study:** Encampment call with combative male

Module 12: Officer Mental Health and Burnout Prevention

- Recognizing compassion fatigue
- Building emotional resilience
- Peer support and critical incident debriefing
- Departmental wellness programs
- Early intervention for PTSD
- **Case Study:** Officer-involved shooting aftermath

Module 13: Role of Body-Worn Cameras in Crisis Events

- Benefits for transparency and de-escalation
- Limitations and footage misinterpretation
- Best practices for camera activation
- Public trust and accountability
- Legal access to recordings
- **Case Study:** De-escalation via camera awareness

Module 14: Cross-Agency Crisis Response Collaboration

- Coordination with EMS, fire, social services
- Chain of command and incident command
- Multi-agency communication systems
- Interdisciplinary training simulations
- Resource sharing and referral pipelines
- **Case Study:** Community mental health mobile crisis unit

Module 15: Scenario-Based De-escalation Practicum

- Realistic, high-pressure training simulations
- Role play with feedback
- Crisis decision-making scoring rubrics
- Integration of learned techniques
- Team-based response and evaluation
- **Case Study:** Multi-threat community protest response

Training Methodology

- Interactive lectures with multimedia presentations
- Scenario-based role-playing simulations
- Group debriefing and reflective discussion
- Expert-led panel talks and Q&A
- Case study analysis and situational breakdown
- Skill evaluation through performance-based assessments

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com