Gender and Food Security Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender equality is a critical determinant in achieving sustainable food security and nutrition globally. Women and marginalized groups often play central roles in agricultural production, food processing, and household nutrition, yet face systemic barriers limiting their access to resources, decision-making, and economic opportunities. Gender and Food Security Training Course addresses these disparities by equipping participants with practical knowledge, gender-responsive strategies, and policy insights to enhance food security outcomes, strengthen community resilience, and promote equitable access to resources.

This course leverages evidence-based approaches, interactive case studies, and participatory learning to explore the intersections of gender, agriculture, nutrition, and climate resilience. Participants will gain the tools to design, implement, and monitor gender-sensitive interventions in food systems, ensuring inclusive and sustainable practices. By integrating gender analysis into food security planning, this program empowers leaders, practitioners, and policymakers to transform food systems that are equitable, resilient, and adaptive to emerging global challenges.

Programme Curriculum

Gender and Food Security Training Course

Introduction

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Course Duration

5 days

Course Objectives

1. Understand the relationship between gender and food security in diverse contexts.
2. Identify gender-based barriers in agricultural production and market access.
3. Apply gender analysis tools in food security programs.
4. Promote women's empowerment in decision-making and resource allocation.
5. Integrate nutrition-sensitive approaches in food security interventions.
6. Analyze gender disparities in climate-smart agriculture.
7. Develop policies that support gender equity in rural livelihoods.
8. Enhance participation of marginalized groups in food governance.
9. Strengthen monitoring and evaluation of gender-responsive food programs.
10. Utilize digital technologies to address gender gaps in food systems.
11. Promote sustainable agricultural practices with a gender lens.
12. Foster inclusive supply chains that empower women and youth.
13. Advocate for policy reforms to mainstream gender in food security strategies.

Target Audience

1. Agricultural extension officers
2. Nutritionists and dieticians
3. Rural development practitioners
4. Gender and social inclusion specialists
5. Policy makers and government officials
6. NGOs and civil society actors in food security
7. Community leaders and local champions
8. Researchers and academics in agriculture and gender studies

Course Modules

Module 1: Introduction to Gender and Food Security

- Understanding key concepts and frameworks
- Global trends in gender and food security
- Gender roles in agricultural production
- Barriers to women's access to land and resources
- Case Study: Women-led cooperative in Kenya improving local nutrition

Module 2: Gender Analysis Tools and Techniques

- Conducting gender-sensitive assessments
- Participatory rural appraisal methods

- Gender mapping and household surveys
- Data collection and interpretation for policy planning
- Case Study: Gender analysis for smallholder farms in Ethiopia

Module 3: Women Empowerment and Decision-Making

- Leadership in rural food systems
- Access to finance and microcredit programs
- Capacity building and skill development
- Community engagement strategies
- Case Study: Women's leadership in agricultural value chains in Uganda

Module 4: Nutrition-Sensitive Food Security

- Linking gender and nutrition outcomes
- Food diversification and diet quality
- Addressing malnutrition in vulnerable groups
- Integrating nutrition programs with agriculture
- Case Study: School feeding programs in Tanzania with female farmer participation

Module 5: Climate-Smart Agriculture and Gender

- Climate change impacts on food security
- Gender-responsive climate adaptation strategies
- Sustainable farming practices
- Risk reduction and resilience planning
- Case Study: Women farmers adopting drought-resistant crops in Malawi

Module 6: Policy, Governance, and Advocacy

- Gender-responsive food security policies
- Legal frameworks and land rights
- Advocacy strategies for inclusive policy making
- Multi-stakeholder engagement
- Case Study: Policy reforms in Rwanda promoting women's land ownership

Module 7: Digital Technologies and Innovations

- Use of mobile apps and digital platforms in agriculture
- E-extension services for women farmers
- Market information systems
- Promoting technology adoption among marginalized groups
- Case Study: Digital agri-platform in Ghana empowering women smallholders

Module 8: Monitoring, Evaluation, and Scaling Up

- Designing gender-responsive M&E frameworks
- Key performance indicators and impact metrics
- Scaling up successful interventions
- Reporting and learning systems
- Case Study: Scaling women-led agricultural initiatives in Senegal

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org **or call** *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

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