Gender and Health Policy Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today’s rapidly evolving global health landscape, understanding the intersection of gender dynamics and health policy is critical for creating equitable, inclusive, and sustainable health systems. Gender and Health Policy Training Course offers a comprehensive exploration of gender-sensitive health governance, policy formulation, and implementation strategies, equipping participants with the analytical skills to identify and address gender disparities in healthcare access, outcomes, and decision-making. Participants will engage with evidence-based frameworks, real-world case studies, and interactive policy simulations to enhance their capacity to design inclusive health policies that promote social justice, equity, and improved population health.

Through a dynamic blend of theoretical insights and practical applications, this course empowers health professionals, policymakers, and advocates to champion gender-responsive approaches within national and international health systems. Emphasizing strategic planning, policy analysis, and advocacy techniques, the training fosters critical thinking and leadership skills, enabling participants to navigate complex policy environments, influence decision-making, and implement reforms that advance health equity, diversity, and inclusivity.

Programme Curriculum

Gender and Health Policy Training Course

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Course Duration

5 days

Course Objectives

1. Analyze gender disparities in health outcomes and access using data-driven approaches.
2. Understand international frameworks for gender and health policy, including SDGs.
3. Evaluate national and local health policies for gender responsiveness.
4. Develop strategic policy recommendations addressing gender-based health inequities.
5. Apply evidence-based research to support gender-sensitive advocacy.
6. Enhance leadership skills for inclusive health governance.
7. Integrate intersectional approaches in health policy formulation.
8. Examine the impact of social determinants of health on diverse populations.
9. Use participatory methods for stakeholder engagement in policy design.
10. Implement monitoring and evaluation frameworks to measure gender impact.
11. Leverage digital health technologies to advance gender equity.
12. Address systemic barriers in health financing and resource allocation.
13. Promote policy innovation to ensure sustainability and inclusivity in healthcare systems.

Target Audience

1. Health policymakers and government officials
2. Public health professionals and program managers
3. NGO and civil society leaders in health advocacy
4. Researchers and academicians in health and gender studies
5. Healthcare providers seeking policy knowledge
6. Gender equity and social inclusion specialists
7. International development practitioners
8. Students and emerging leaders in public health and policy

Course Modules

Module 1: Gender and Health Policy Foundations

- Introduction to gender concepts in health
- Historical evolution of health policies
- Global health frameworks (WHO, SDGs)
- Gender equity principles in policy design
- Case Study: Rwanda’s National Gender and Health Strategy

Module 2: Gender-Based Health Disparities

- Understanding social determinants of health
- Analyzing access, utilization, and outcomes
- Intersectionality in health disparities
- Gender-sensitive health indicators
- Case Study: Maternal health inequities in India

Module 3: Policy Analysis and Formulation

- Policy cycle overview: design to evaluation
- Gender impact assessments
- Stakeholder mapping and engagement
- Evidence-based policy drafting
- Case Study: Kenya’s Reproductive Health Policy

Module 4: Health Governance and Leadership

- Gender-responsive leadership strategies
- Decision-making in health systems
- Ethical considerations in policy
- Collaboration across sectors
- Case Study: Female leadership in Ethiopia’s health ministry

Module 5: Advocacy and Communication

- Designing effective advocacy campaigns
- Gender-sensitive health messaging
- Media engagement and social platforms
- Community mobilization techniques
- Case Study: HIV/AIDS advocacy in South Africa

Module 6: Monitoring, Evaluation, and Learning

- Designing gender-sensitive indicators
- Data collection and analysis methods
- Feedback loops for policy improvement
- Reporting for accountability
- Case Study: Impact evaluation of maternal health programs in Bangladesh

Module 7: Digital Health and Innovation

- Digital tools for policy analysis
- eHealth strategies and telemedicine
- Addressing digital gender gaps
- Scaling innovative solutions
- Case Study: mHealth interventions in Tanzania

Module 8: Sustainability and Policy Reform

- Long-term strategic planning
- Gender-responsive budgeting
- Institutionalization of inclusive policies
- Policy adaptation in crises

- Case Study: COVID-19 policy reforms and gender equity

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com