Gender and Maternal Health Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Maternal health is a cornerstone of sustainable development and gender equity. Addressing maternal health challenges requires a comprehensive understanding of the intersection between gender, social determinants, healthcare access, and policy frameworks. Gender and Maternal Health Training Course equips participants with cutting-edge knowledge, practical tools, and strategic frameworks to improve maternal outcomes while promoting gender-sensitive healthcare interventions. Using evidence-based practices, the course emphasizes empowerment, equity, and transformative leadership in maternal health programs.

Participants will explore the latest global and regional trends, innovative strategies, and policy mechanisms for advancing maternal health with a gender lens. Through interactive sessions, real-life case studies, and participatory methodologies, learners will gain skills to analyze maternal health disparities, design inclusive interventions, and advocate for systemic changes that enhance maternal well-being. This course is essential for healthcare professionals, policymakers, community leaders, and gender advocates aiming to reduce maternal mortality, improve healthcare delivery, and foster gender equality in health systems.

Programme Curriculum

Gender and Maternal Health Training Course

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Course Duration

5 days

Course Objectives

1. Analyze maternal health disparities using gender-sensitive frameworks.
2. Understand the social determinants of maternal health.
3. Integrate gender equity in maternal health policies and programs.
4. Enhance maternal health advocacy skills for communities and policymakers.
5. Apply evidence-based strategies for improving maternal care.
6. Assess healthcare systems for gender-responsive maternal services.
7. Promote reproductive rights and women's health autonomy.
8. Develop monitoring and evaluation tools for maternal health programs.
9. Address cultural and socio-economic barriers to maternal health.
10. Implement innovative digital health solutions for maternal care.
11. Strengthen leadership and management in maternal health initiatives.
12. Foster community engagement for sustainable maternal health outcomes.
13. Translate global maternal health targets into actionable local interventions.

Target Audience

1. Public health professionals
2. Maternal and child health practitioners
3. Gender equality advocates
4. Policy makers and program planners
5. NGO and community organization leaders
6. Healthcare managers and administrators
7. Researchers and data analysts in health and gender
8. Midwives, nurses, and frontline healthcare workers

Course Modules

Module 1: Introduction to Gender and Maternal Health

- Key concepts in gender, health, and maternal care
- Global maternal health trends and statistics
- Gender disparities in maternal outcomes
- Social determinants affecting maternal health
- Case Study: Reducing maternal mortality in rural Kenya

Module 2: Policy and Legal Frameworks

- International maternal health policies (WHO, SDGs)
- National gender and maternal health policies

- Rights-based approaches to maternal care
- Policy gaps and implementation challenges
- Case Study: Policy reforms improving maternal services in India

Module 3: Maternal Health Challenges and Barriers

- Cultural and socio-economic barriers
- Access to reproductive health services
- Gender-based violence and its impact
- Nutrition and mental health considerations
- Case Study: Overcoming maternal health barriers in Nigeria

Module 4: Maternal Health Program Design and Management

- Designing gender-responsive maternal health programs
- Resource allocation and budgeting for maternal care
- Community-based interventions
- Integrating maternal health into broader health systems
- Case Study: Community maternal health program in Bangladesh

Module 5: Innovative Approaches and Digital Health Solutions

- Telemedicine for maternal health
- Mobile health (mHealth) applications
- Data-driven maternal health interventions
- Monitoring tools and dashboards
- Case Study: Mobile health impact on maternal care in Tanzania

Module 6: Monitoring, Evaluation, and Research

- Gender-sensitive indicators for maternal health
- Quantitative and qualitative research methods
- Data collection and analysis techniques
- Reporting and evidence dissemination
- Case Study: Maternal health outcomes research in Ethiopia

Module 7: Advocacy and Community Engagement

- Engaging stakeholders and community leaders
- Gender-focused awareness campaigns
- Empowering women and families for better maternal outcomes
- Collaborative networks for maternal health advocacy
- Case Study: Community advocacy reducing maternal deaths in Uganda

Module 8: Leadership and Capacity Building

- Building leadership skills for maternal health initiatives
- Training health workers in gender-sensitive care
- Strategic planning for maternal health programs
- Sustainability and scaling up interventions
- Case Study: Leadership-driven maternal health improvement in Rwanda

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

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