Gender and Public Health Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today’s dynamic healthcare landscape, integrating gender perspectives into public health policies and practices is essential for achieving equitable health outcomes. Gender and Public Health Training Course equips participants with critical knowledge and skills to analyze, design, and implement gender-responsive health programs, addressing systemic disparities and fostering inclusive healthcare delivery. Participants will gain insights into gender-based health inequities, intersectionality in healthcare, and the role of policy, advocacy, and community engagement in shaping sustainable public health interventions.

This course leverages case-based learning, interactive workshops, and evidence-driven strategies to empower health professionals, policymakers, and researchers. Participants will explore practical tools for gender mainstreaming, health impact assessments, and program evaluation, ensuring that public health initiatives are inclusive, data-informed, and culturally sensitive. By the end of the course, learners will be prepared to implement gender-responsive health strategies that improve population health outcomes and promote social justice.

Programme Curriculum

Gender and Public Health Training Course

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Course Duration

5 days

Course Objectives

1. Understand gender concepts and their relevance in public health.
2. Analyze gender-based health disparities using epidemiological data.
3. Apply intersectional approaches to public health program design.
4. Integrate gender-responsive policies into health systems.
5. Develop strategies for equitable healthcare delivery.
6. Conduct gender-sensitive needs assessments.
7. Implement inclusive health promotion campaigns.
8. Evaluate health programs for gender equity impact.
9. Strengthen community engagement and participatory approaches.
10. Enhance skills in advocacy for gender-responsive health policies.
11. Use digital health tools for gender-informed interventions.
12. Promote maternal, adolescent, and reproductive health equity.
13. Build leadership capacity for gender-sensitive health management.

Target Audience

1. Public health professionals
2. Policy makers and government health officials
3. Health program managers
4. Community health workers
5. NGO and CSO staff in health sectors
6. Researchers and academicians in public health
7. Medical practitioners with interest in gender equity
8. Students in health and social sciences

Course Modules

Module 1: Foundations of Gender and Health

- Key concepts: sex, gender, intersectionality
- Gender roles and health outcomes
- Case study: Gender disparities in HIV prevalence
- Health equity frameworks
- Policy implications of gender analysis

Module 2: Gender-Based Health Inequities

- Identifying vulnerable populations
- Socioeconomic and cultural determinants

- Case study: Maternal mortality gaps in sub-Saharan Africa
- Gender-sensitive data collection
- Tools for inequity mapping

Module 3: Gender-Responsive Health Policy

- Policy formulation and gender mainstreaming
- International frameworks (SDGs, WHO guidelines)
- Case study: Rwanda's national gender and health strategy
- Advocacy and stakeholder engagement
- Policy monitoring and evaluation

Module 4: Intersectionality and Public Health

- Multiple axes of vulnerability
- Impact on healthcare access and outcomes
- Case study: Gender, disability, and chronic disease management
- Community-based participatory approaches
- Intersectional program design

Module 5: Reproductive and Maternal Health Equity

- Family planning and maternal health services
- Gender-sensitive reproductive health interventions
- Case study: Reducing adolescent pregnancy rates in Kenya
- Addressing socio-cultural barriers
- Monitoring and evaluation metrics

Module 6: Health Promotion and Community Engagement

- Designing gender-inclusive campaigns
- Participatory community approaches
- Case study: Immunization outreach programs
- Communication strategies for diverse populations
- Measuring impact and reach

Module 7: Program Planning, Implementation, and Evaluation

- Gender-sensitive project cycles
- Indicators for equity-focused programs
- Case study: Gender-focused malaria prevention initiatives
- Evidence-based decision making
- Scaling and sustainability strategies

Module 8: Leadership, Advocacy, and Digital Health Tools

- Building gender-responsive leadership skills
- Advocacy for policy change
- Case study: Leveraging mHealth for women's health
- Ethical and cultural considerations
- Innovation in digital health interventions

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

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