Gender and Reproductive Health Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender and reproductive health are at the forefront of achieving global health equity and sustainable development. Gender and Reproductive Health Training Course provides a comprehensive, evidence-based approach to understanding the intersection of gender dynamics and reproductive health outcomes. Participants will explore critical issues such as maternal health, family planning, sexual rights, gender-based barriers, and policy frameworks that influence reproductive health access and equity. Through interactive discussions, case studies, and practical tools, learners will be equipped to promote inclusive reproductive health programs that address the unique needs of diverse populations.

This training emphasizes empowerment, advocacy, and gender-sensitive strategies in reproductive health. Participants will gain skills in analyzing gender disparities, implementing community-centered interventions, and integrating reproductive rights into broader health and social systems. Leveraging participatory learning, real-world case studies, and evidence-driven methodologies, this course ensures that learners can design, implement, and evaluate programs that improve reproductive health outcomes while advancing gender equity.

Programme Curriculum

Gender and Reproductive Health Training Course

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Course Objectives

1. Analyze gender norms and their impact on reproductive health access.
2. Promote sexual and reproductive rights advocacy.
3. Strengthen maternal and child health knowledge and interventions.
4. Enhance family planning program design skills.
5. Identify and address gender-based health disparities.
6. Apply gender-sensitive approaches in reproductive health policy.
7. Develop strategies to combat gender-based violence affecting reproductive health.
8. Utilize data-driven approaches for reproductive health assessment.
9. Integrate community engagement and participatory methods.
10. Implement inclusive adolescent reproductive health programs.
11. Assess reproductive health service delivery gaps.
12. Apply ethical frameworks in reproductive health practice.
13. Foster collaboration across sectors for gender-responsive reproductive health initiatives.

Target Audience

1. Health professionals and clinicians
2. Community health workers
3. Public health policymakers
4. NGO and CSO staff working in gender or health programs
5. Program managers and coordinators
6. Social workers and counselors
7. Academic researchers in gender and health
8. Advocates and activists for sexual and reproductive rights

Course Modules

Module 1: Introduction to Gender and Reproductive Health

- Understanding gender concepts and reproductive health fundamentals
- Gender inequalities in reproductive health
- Reproductive rights and human rights frameworks
- Global and regional reproductive health policies
- Case Study: Gender barriers in rural maternal health clinics

Module 2: Maternal and Child Health

- Maternal mortality and morbidity analysis

- Safe pregnancy and childbirth practices
- Infant and child nutrition and care
- Postpartum support and mental health
- Case Study: Reducing maternal mortality in sub-Saharan Africa

Module 3: Family Planning and Contraception

- Methods and accessibility
- Counseling and community education
- Addressing myths and cultural barriers
- Rights-based family planning approaches
- Case Study: Successful community contraceptive initiatives

Module 4: Adolescent Reproductive Health

- Sexual health education programs
- Early pregnancy prevention
- Addressing adolescent sexual rights
- Peer-to-peer engagement strategies
- Case Study: School-based reproductive health interventions

Module 5: Gender-Based Violence and Reproductive Health

- Identification and prevention strategies
- Survivor-centered care and counseling
- Policy and legal frameworks
- Collaboration with law enforcement and health services
- Case Study: Addressing intimate partner violence in urban settings

Module 6: Community Engagement and Advocacy

- Participatory approaches to reproductive health
- Mobilizing community leaders
- Culturally sensitive program design
- Advocacy campaigns for gender equity
- Case Study: Community mobilization for maternal health awareness

Module 7: Data, Research, and Monitoring

- Gender-sensitive data collection and analysis
- Evaluating reproductive health programs
- Indicators for tracking gender equity
- Evidence-based decision-making
- Case Study: Using data to reduce service gaps in family planning

Module 8: Policy, Ethics, and Multisectoral Collaboration

- Reproductive health policy analysis
- Ethical frameworks in reproductive health interventions
- Engaging multiple sectors (education, health, social services)
- Scaling best practices across communities
- Case Study: National reproductive health policy reform

Training Methodology

- Participatory workshops and group discussions
- Case study analysis and real-world simulations
- Interactive lectures and multimedia presentations
- Role-plays and scenario-based learning
- Action planning and project-based assignments

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

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