# Governance in Health and Safety Systems Training Course

Professional Development Training Course Outline

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|---|---|---|---|
| **Category** | Corporate Governance | **Duration** | 10 Days |
| **Base Fee** | $3,000 USD | **Delivery Mode** | Online / On-site Hybrid |

## Course Introduction

Governance in Health and Safety Systems Training Course is designed to equip professionals with advanced knowledge and practical skills to effectively manage, implement, and monitor health and safety protocols in organizational settings. This course emphasizes regulatory compliance, risk assessment, and strategic governance to ensure a safe, productive, and legally compliant work environment. Participants will explore contemporary trends in occupational health, workplace safety regulations, and governance frameworks that drive sustainable organizational performance.

Through a combination of theoretical knowledge and hands-on case studies, this course empowers participants to develop robust health and safety management systems, establish governance policies, and cultivate a proactive safety culture. By integrating best practices, regulatory standards, and innovative safety strategies, attendees will be able to mitigate risks, enhance employee well-being, and align organizational operations with national and international safety requirements.

## Programme Curriculum

**Governance in Health and Safety Systems Training Course**

**Introduction**

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**Course Objectives**

1. Understand the principles and frameworks of health and safety governance.
2. Apply risk management strategies to prevent workplace hazards.
3. Implement legal compliance measures in occupational health and safety systems.
4. Develop policies and procedures for effective safety governance.
5. Monitor and evaluate health and safety performance indicators.
6. Foster a culture of safety and accountability within organizations.
7. Integrate sustainability and ESG considerations into safety governance.
8. Utilize digital tools for health and safety management and reporting.
9. Enhance decision-making through evidence-based safety analytics.
10. Conduct workplace inspections and audits effectively.
11. Respond to incidents with strategic and operational efficiency.
12. Improve employee engagement and training in health and safety practices.
13. Align organizational safety governance with international standards and certifications.

**Organizational Benefits**

- Reduced workplace accidents and incidents.
- Enhanced regulatory compliance and reduced legal liabilities.
- Improved employee productivity and morale.
- Strengthened organizational reputation in safety and governance.
- Cost savings through risk prevention and mitigation strategies.
- Data-driven safety decision-making.
- Implementation of best practices for long-term sustainability.
- Streamlined health and safety management processes.
- Increased stakeholder confidence in corporate governance.
- Integration of ESG principles into organizational operations.

**Target Audiences**

1. Health and Safety Officers
2. Compliance Managers
3. Operations Managers
4. HR Professionals
5. Risk Management Consultants
6. Facility Managers
7. Safety Auditors and Inspectors
8. Corporate Governance Professionals

**Course Duration:** 10 days

**Course Modules**

**Module 1: Introduction to Health and Safety Governance**

- Overview of occupational health and safety systems
- Governance structures in organizations
- Roles and responsibilities of safety officers
- Legal and ethical considerations
- Case study: Implementation of governance framework in a manufacturing company
- Practical activity: Mapping organizational safety responsibilities

**Module 2: Risk Assessment and Hazard Identification**

- Techniques for workplace hazard identification
- Risk assessment methodologies
- Prioritizing and mitigating risks
- Documentation and reporting requirements
- Case study: Risk assessment in a construction site
- Practical activity: Developing a hazard register

**Module 3: Legal Compliance in Health and Safety**

- Overview of national and international regulations
- Regulatory audits and inspections
- Penalties and enforcement procedures
- Compliance documentation and reporting
- Case study: Regulatory compliance audit in a healthcare facility
- Practical activity: Drafting a compliance checklist

**Module 4: Safety Policy Development**

- Designing effective health and safety policies
- Aligning policies with organizational goals
- Employee communication and engagement strategies
- Continuous improvement of safety policies
- Case study: Policy development for a logistics company
- Practical activity: Drafting a workplace safety policy

**Module 5: Monitoring and Performance Evaluation**

- Key performance indicators for health and safety
- Reporting frameworks and dashboards
- Data collection and analysis for safety metrics
- Continuous improvement processes
- Case study: Performance evaluation in a chemical plant
- Practical activity: Creating a safety performance dashboard

**Module 6: Safety Culture and Employee Engagement**

- Understanding organizational safety culture
- Strategies to promote a proactive safety mindset
- Training and awareness programs
- Incentives and recognition for safe behaviors
- Case study: Enhancing safety culture in a corporate office
- Practical activity: Conducting a safety culture survey

**Module 7: Sustainability and ESG in Safety Governance**

- Integrating ESG considerations into safety systems
- Corporate social responsibility and workplace safety
- Reporting sustainability metrics
- Best practices in sustainable safety governance
- Case study: ESG compliance in an energy company
- Practical activity: ESG reporting exercise

**Module 8: Digital Tools and Technology in Safety Management**

- Software for incident reporting and tracking
- Digital audits and inspections
- Data analytics for proactive safety management
- Emerging technologies in workplace safety
- Case study: Implementation of safety management software
- Practical activity: Digital tool simulation exercise

**Module 9: Incident Management and Emergency Response**

- Emergency preparedness planning
- Incident investigation protocols
- Communication during emergencies
- Post-incident review and corrective actions
- Case study: Incident response in a chemical spill
- Practical activity: Developing an emergency response plan

**Module 10: Workplace Audits and Inspections**

- Planning and conducting safety audits
- Identifying non-compliance issues
- Reporting and corrective action plans
- Continuous monitoring mechanisms
- Case study: Safety audit in a manufacturing plant
- Practical activity: Conducting a mock audit

**Module 11: Decision-Making and Safety Analytics**

- Using data for strategic safety decisions
- Analytical tools for predicting incidents
- KPI tracking and performance measurement
- Evidence-based policy adjustments
- Case study: Safety analytics in a multinational company
- Practical activity: Data analysis for incident prediction

**Module 12: Employee Training and Capacity Building**

- Designing effective health and safety training programs
- Adult learning principles for workplace training
- Monitoring training effectiveness
- Employee skill development for safety compliance
- Case study: Training program implementation in a hospital
- Practical activity: Creating a training module

**Module 13: International Standards and Certification**

- ISO standards in health and safety
- Certification processes and audits
- Aligning organizational processes with global standards
- Continuous improvement and recertification
- Case study: ISO 45001 implementation in a construction company
- Practical activity: Gap analysis for certification readiness

**Module 14: Strategic Planning for Safety Governance**

- Long-term safety planning
- Aligning safety goals with business objectives
- Resource allocation and budgeting for safety

- Stakeholder engagement strategies
- Case study: Strategic safety planning in a logistics firm
- Practical activity: Developing a strategic safety plan

**Module 15: Best Practices and Case Study Integration**

- Integrating lessons learned from real-world case studies
- Benchmarking against industry leaders
- Continuous improvement frameworks
- Sharing knowledge across departments
- Case study: Comprehensive health and safety governance project
- Practical activity: Group project simulation and presentation

**Training Methodology**

- Interactive lectures and expert-led discussions
- Hands-on practical exercises and simulations
- Real-world case studies for applied learning
- Group work and collaborative problem-solving
- Digital tools and technology demonstrations
- Continuous assessment and feedback

**Register as a group from 3 participants for a Discount**

**Send us an email: info@fineskilltrainingcenter.org or call** *+254769199797*

***Certification***

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

***Tailor-Made Course***

*We also offer tailor-made courses based on your needs.*

**Key Notes**

**a.** The participant must be conversant with English.

**b.** Upon completion of training the participant will be issued with an Authorized Training Certificate

**c.** Course duration is flexible and the contents can be modified to fit any number of days.

**d.** The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

**e.** One-year post-training support Consultation and Coaching provided after the course.
**f.** Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

## Upcoming Scheduled Sessions

| Start Date | End Date | Location | Price |
|---|---|---|---|
| **23 Nov 2026** | 04 Dec 2026 | Online | $2,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $3,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $6,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $6,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $12,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $9,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $12,000 |
| **23 Nov 2026** | 04 Dec 2026 | Physical | $12,000 |

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