Health in Conflict Zones Training Course

Professional Development Training Course Outline

Category	Public Health	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Health systems in conflict-affected regions face unprecedented disruption due to armed violence, displacement, infrastructure collapse, and shortage of essential medical supplies. Health in Conflict Zones Training Course is designed to equip humanitarian professionals, public health practitioners, and emergency responders with critical skills to operate effectively in fragile, high-risk environments. It integrates humanitarian health response, emergency medicine, outbreak control, trauma care, and crisis logistics to ensure resilient service delivery in unstable settings.

With rising global conflicts and forced migration, the demand for conflict medicine, emergency humanitarian response, epidemic preparedness, and health system resilience has never been greater. This course emphasizes evidence-based strategies aligned with WHO, humanitarian clusters, and global emergency frameworks to strengthen health equity, rapid response capacity, and sustainable care delivery in war-affected populations.

Programme Curriculum

Health in Conflict Zones Training Course

Introduction

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emphasizes evidence-based strategies aligned with WHO, humanitarian clusters, and global emergency frameworks to strengthen health equity, rapid response capacity, and sustainable care delivery in war-affected populations.

Course Duration

5 days

Course Objectives

1. Understand humanitarian health systems in conflict zones
2. Apply emergency medical response protocols in war settings
3. Strengthen trauma care and mass casualty management skills
4. Develop infectious disease outbreak control strategies
5. Implement epidemic preparedness and surveillance systems
6. Enhance mental health and psychosocial support (MHPSS) delivery
7. Manage medical logistics and supply chain disruptions
8. Improve field hospital and mobile clinic operations
9. Apply water, sanitation, and hygiene (WASH) interventions
10. Ensure maternal and child health in emergency settings
11. Strengthen risk communication and community engagement
12. Build health data collection and rapid assessment skills
13. Promote health system resilience and recovery planning

Target Audience

1. Humanitarian aid workers
2. Doctors and emergency physicians
3. Nurses and paramedics in disaster response
4. Public health professionals
5. NGO and UN field staff
6. Military medical personnel in peacekeeping missions
7. Epidemiologists and outbreak response teams
8. Health policy and disaster management specialists

Course Modules

Module 1: Foundations of Conflict Zone Health Systems

- Structure of health systems in fragile settings
- Impact of armed conflict on healthcare infrastructure
- Humanitarian principles: neutrality, impartiality, independence
- Coordination with WHO and humanitarian clusters
- Access barriers in war-torn environments
- **Case Study:** Health system collapse in Syria and rebuilding primary care access in displacement camps

Module 2: Emergency Medical Response & Triage

- Mass casualty incident (MCI) management
- Triage systems in resource-limited environments
- Field stabilization techniques
- Emergency surgical response planning

- Coordination of ambulance and evacuation systems
- **Case Study:** Emergency trauma response during Yemen conflict bombing incidents

Module 3: Trauma Care and Surgery in Low-Resource Settings

- Battlefield injury management
- Damage control surgery principles
- Blood transfusion challenges in conflict zones
- Infection prevention in trauma wards
- Rehabilitation and post-trauma care
- **Case Study:** MSF trauma surgery interventions in South Sudan

Module 4: Epidemic Preparedness and Infectious Disease Control

- Disease surveillance in displacement camps
- Outbreak detection and response systems
- Vaccination campaigns in conflict areas
- Cholera, measles, and malaria control strategies
- Laboratory limitations and rapid diagnostics
- **Case Study:** Cholera outbreak response in Haiti post-crisis displacement

Module 5: Mental Health & Psychosocial Support (MHPSS)

- Psychological impact of war and displacement
- PTSD identification and management
- Community-based mental health interventions
- Child protection and trauma counseling
- Integration of MHPSS in primary healthcare
- **Case Study:** Refugee mental health programs in Rohingya camps

Module 6: Maternal, Neonatal & Child Health in Emergencies

- Safe childbirth in conflict zones
- Neonatal emergency care practices
- Malnutrition screening and treatment
- Immunization disruptions and recovery
- Reproductive health services in emergencies
- **Case Study:** Maternal health interventions in Sudan displacement camps

Module 7: WASH (Water, Sanitation & Hygiene) in Conflict Settings

- Emergency water purification systems
- Sanitation infrastructure in camps
- Hygiene promotion and disease prevention
- Waste management in crisis zones
- Preventing waterborne disease outbreaks
- **Case Study:** Ebola containment through WASH interventions in West Africa

Module 8: Health System Resilience & Recovery

- Post-conflict health system rebuilding
- Strengthening primary healthcare networks

- Digital health solutions in fragile settings
- Health financing in humanitarian contexts
- Long-term recovery and sustainability planning
- **Case Study:** Health system reconstruction after Iraq conflict

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price

23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

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