

# Migrant Health and Healthcare Access Training Course

## Professional Development Training Course Outline

|          |                       |               |                         |
|----------|-----------------------|---------------|-------------------------|
| Category | Migration and Refugee | Duration      | 5 Days                  |
| Base Fee | \$1,500 USD           | Delivery Mode | Online / On-site Hybrid |

### Course Introduction

Migrant Health and Healthcare Access Training Course is designed to empower healthcare professionals, policymakers, NGOs, and community leaders with the knowledge and skills to address the unique challenges faced by migrant populations. With global migration on the rise, ensuring equitable healthcare access, cultural competency, and inclusive health systems has become a critical priority for governments and healthcare providers. This course highlights key issues such as language barriers, mental health, healthcare rights, and social determinants of health.

Through evidence-based practices, real-world case studies, and interactive modules, participants will gain expertise in developing effective healthcare strategies for migrant communities. The training emphasizes health equity, cross-cultural communication, human rights in healthcare, and sustainable healthcare delivery models. By the end of the course, learners will be equipped to foster inclusive healthcare environments that improve the overall well-being of migrant populations while strengthening healthcare systems globally.

### Programme Curriculum

#### Migrant Health and Healthcare Access Training Course

##### Introduction

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### **Course Objectives**

1. Understand the global trends in migration and public health.
2. Identify barriers to healthcare access for migrants and refugees.
3. Develop culturally competent healthcare practices.
4. Enhance skills in cross-cultural communication in healthcare.
5. Apply policies that support health equity and inclusive health systems.
6. Explore mental health challenges among migrants.
7. Strengthen knowledge on maternal and child health in migrant populations.
8. Address issues related to healthcare rights and legal protections.
9. Design community-based healthcare interventions for migrants.
10. Utilize digital health tools to expand healthcare access.
11. Integrate social determinants of health into healthcare planning.
12. Evaluate case studies of successful migrant health interventions.
13. Collaborate with NGOs, governments, and stakeholders for sustainable healthcare delivery.

### **Organizational Benefits**

- Improved health equity outcomes for diverse populations.
- Enhanced organizational cultural competency.
- Stronger compliance with international health policies.
- Increased staff capacity to serve migrant and refugee populations.
- Improved patient satisfaction and trust.
- Reduced health disparities within communities.
- Increased ability to design inclusive healthcare policies.
- Strengthened organizational reputation as a leader in health inclusion.
- Better collaboration with NGOs and government stakeholders.
- Empowered workforce with up-to-date migrant health knowledge.

### **Target Audience**

1. Healthcare professionals
2. Public health policymakers
3. NGO staff and humanitarian workers
4. Social workers
5. Community health leaders
6. Academics and researchers in public health
7. Healthcare administrators
8. Government officials in health and migration

**Course Duration:** 5 days

### **Course Modules**

#### **Module 1: Global Migration and Health Challenges**

- Overview of global migration trends
- Impact of migration on healthcare systems
- Health inequities and disparities
- Cultural and social barriers to access
- Policy frameworks in migrant health
- **Case Study: Global Migration and COVID-19 Response**

## **Module 2: Cultural Competency in Healthcare**

- Understanding cultural beliefs and practices
- Cross-cultural communication strategies
- Overcoming language barriers
- Building trust with migrant patients
- Inclusive healthcare practices
- **Case Study: Cultural Barriers in Maternal Health Services**

## **Module 3: Mental Health and Psychosocial Support**

- Common mental health issues in migrants
- Trauma-informed healthcare approaches
- Addressing stigma in mental health
- Community-based mental health programs
- Role of social support systems
- **Case Study: Refugee Mental Health in Host Countries**

## **Module 4: Maternal, Child, and Family Health**

- Maternal health challenges for migrant women
- Child health and vaccination access
- Family planning and reproductive health
- Nutrition and early childhood care
- Social determinants of maternal and child health
- **Case Study: Migrant Maternal Care in Urban Clinics**

## **Module 5: Healthcare Rights and Legal Protections**

- International health and human rights law
- Legal entitlements for migrants
- Documentation and healthcare access
- Ethical considerations in migrant healthcare
- Advocacy for migrant health rights
- **Case Study: Legal Barriers to Healthcare in Europe**

## **Module 6: Digital Health and Technology for Migrants**

- Mobile health (mHealth) solutions
- Telemedicine for underserved communities
- Health information access for migrants
- Data privacy and migrant populations
- Innovations in digital healthcare
- **Case Study: mHealth Tools in Refugee Camps**

## **Module 7: Community-Based Healthcare Interventions**

- Role of NGOs and community organizations
- Grassroots health education strategies
- Training community health workers
- Partnerships between healthcare providers and communities
- Monitoring and evaluation of community programs
- **Case Study: Community-Led Health Interventions in Africa**

## **Module 8: Sustainable Healthcare Strategies for Migrants**

- Long-term health system strengthening
- Policy reforms for inclusivity
- Multi-stakeholder collaboration models
- Funding and resource mobilization
- Global best practices in migrant health
- **Case Study: Integration of Migrant Health in National Systems**

## **Training Methodology**

- Interactive lectures and presentations led by subject matter experts.
- Case study discussions to analyze real-world migrant health scenarios.
- Role-playing and simulations for cross-cultural communication.
- Workshops and group exercises for collaborative learning.
- Digital resources and e-learning tools for flexible engagement.
- Assessment and feedback sessions to ensure learning outcomes are met.

## **Register as a group from 3 participants for a Discount**

Send us an email: [info@fineskilltrainingcenter.org](mailto:info@fineskilltrainingcenter.org) or call +254769199797

## **Certification**

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

## **Tailor-Made Course**

*We also offer tailor-made courses based on your needs.*

## **Key Notes**

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

# Upcoming Scheduled Sessions

| Start Date  | End Date    | Location | Price   |
|-------------|-------------|----------|---------|
| 28 Sep 2026 | 02 Oct 2026 | Online   | \$1,000 |
| 28 Sep 2026 | 02 Oct 2026 | Physical | \$1,500 |
| 28 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
| 28 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
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Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: [info@fineskilltrainingcenter.com](mailto:info@fineskilltrainingcenter.com) | Website: [www.fineskilltrainingcenter.com](http://www.fineskilltrainingcenter.com)