Occupational Health and Safety Law Training Course

Professional Development Training Course Outline

Category	Trade Unions	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Occupational Health and Safety Law Training is a comprehensive program designed to equip professionals with in-depth knowledge of workplace safety compliance, labor law regulations, risk management frameworks, and hazard prevention systems. In today’s fast-evolving industrial and corporate environments, organizations are increasingly required to adhere to stringent OSH legislation, regulatory compliance standards, and occupational risk mitigation strategies to protect employees and ensure legal accountability.

Occupational Health and Safety Law Training Course provides a practical and legal understanding of occupational health policies, workplace accident prevention, safety auditing, enforcement mechanisms, and global OHS standards. Participants will gain the expertise needed to implement effective safety management systems, legal compliance procedures, and proactive risk assessment tools that reduce incidents, improve workplace culture, and ensure sustainable organizational performance.

Programme Curriculum

Occupational Health and Safety Law Training Course

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Course Duration

5 days

Course Objectives

1. Understand Occupational Health and Safety (OHS) legal frameworks
2. Apply workplace safety compliance regulations effectively
3. Identify and control industrial hazards and workplace risks
4. Implement risk assessment and mitigation strategies
5. Develop safety management systems (SMS) aligned with ISO 45001
6. Interpret labor laws and employee protection statutes
7. Conduct workplace safety audits and inspections
8. Improve incident reporting and accident investigation procedures
9. Promote health and safety culture in organizations
10. Ensure compliance with OSHA and ILO standards
11. Reduce workplace injuries through preventive safety strategies
12. Strengthen emergency preparedness and response planning
13. Enhance legal accountability and regulatory compliance enforcement

Target Audience

1. Health and Safety Officers
2. HR Managers and HR Officers
3. Compliance and Risk Managers
4. Industrial Engineers and Supervisors
5. Construction Site Managers
6. Manufacturing Plant Supervisors
7. Legal and Regulatory Affairs Professionals
8. Government Inspectors and Labour Officers

Course Modules

Module 1: Introduction to Occupational Health & Safety Law

- Overview of global OHS frameworks (OSHA, ILO, ISO 45001)
- Legal responsibilities of employers and employees
- Key principles of workplace safety legislation
- Rights and duties under occupational safety laws
- **Case Study:** Factory injury due to lack of compliance inspection

Module 2: Workplace Hazard Identification & Risk Assessment

- Types of workplace hazards (physical, chemical, biological)
- Risk assessment methodologies (HIRA, JSA)
- Hazard control hierarchy principles

- Risk evaluation and prioritization techniques
- **Case Study:** Chemical plant exposure incident analysis

Module 3: Safety Management Systems (SMS)

- Structure of an effective SMS
- Implementation of ISO 45001 standards
- Safety policy development and documentation
- Continuous improvement in safety systems
- **Case Study:** Construction company reducing accident rate by 60%

Module 4: Accident Investigation & Reporting

- Incident reporting procedures and documentation
- Root cause analysis techniques (5 Why, Fishbone)
- Legal reporting requirements
- Preventive corrective actions (CAPA systems)
- **Case Study:** Workplace fatality investigation in manufacturing plant

Module 5: Fire Safety & Emergency Response

- Fire risk assessment and prevention systems
- Emergency evacuation planning
- Use of firefighting equipment and PPE
- Crisis communication during emergencies
- **Case Study:** Office building fire evacuation failure analysis

Module 6: Occupational Health & Industrial Hygiene

- Workplace health monitoring systems
- Noise, dust, and chemical exposure control
- Ergonomics and employee wellness programs
- Medical surveillance and health screening
- **Case Study:** Hearing loss claims in mining industry

Module 7: Legal Compliance & Enforcement

- National labor laws and OHS regulations
- Inspection and enforcement procedures
- Penalties for non-compliance
- Employer liability and legal risk exposure
- **Case Study:** Legal action against unsafe construction site

Module 8: Safety Culture & Behavioral Safety

- Developing positive safety culture
- Behavioral-based safety (BBS) approach
- Employee engagement in safety programs
- Leadership role in safety compliance
- **Case Study:** Oil refinery safety culture transformation success

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com