Participatory Health Approaches Training Course

Professional Development Training Course Outline

Category	Public Health	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Participatory Health Approaches are transforming global health systems by shifting from top-down service delivery to community-driven, people-centered, and equity-focused healthcare models. Participatory Health Approaches Training Course equips learners with practical and strategic competencies in community engagement, participatory action research (PAR), health systems strengthening, social accountability, and inclusive health governance. It emphasizes the integration of digital health tools, behavioral insights, and grassroots mobilization strategies to improve health outcomes in underserved populations.

In today's rapidly evolving global health landscape, participatory approaches are essential for achieving Universal Health Coverage (UHC), Sustainable Development Goals (SDGs), health equity, and resilient health systems. This course builds capacity in designing, implementing, and evaluating co-created health interventions, community-led monitoring systems, and citizen-driven health innovations that enhance trust, accessibility, and sustainability in healthcare delivery.

Programme Curriculum

Participatory Health Approaches Training Course

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Course Objectives

1. Understand principles of community-based participatory health (CBPH)
2. Apply participatory action research (PAR) methodologies
3. Strengthen health equity and social inclusion frameworks
4. Design people-centered health systems interventions
5. Promote community engagement and empowerment strategies
6. Implement digital participatory health tools and e-health platforms
7. Enhance social accountability and citizen feedback mechanisms
8. Integrate behavior change communication (BCC) approaches
9. Develop multi-stakeholder collaboration frameworks
10. Support grassroots health innovation and co-creation models
11. Analyze health determinants using participatory mapping
12. Improve monitoring and evaluation (M&E) of community health programs
13. Advance Universal Health Coverage (UHC) through participatory governance

Target Audience

1. Public health professionals
2. NGO and humanitarian workers
3. Community health workers (CHWs)
4. Policy makers and government health officers
5. Development partners and donor agencies
6. Academic researchers and students in public health
7. Social workers and community organizers
8. Digital health innovators and health tech developers

Course Modules

Module 1: Foundations of Participatory Health

- Principles of participatory health systems
- Evolution from biomedical to community-led models
- Power dynamics in health decision-making
- Ethics in community engagement
- Introduction to health equity frameworks
- **Case Study:** Community-led malaria prevention program in rural districts improving bed-net adoption rates.

Module 2: Participatory Action Research (PAR)

- PAR cycle: planning, action, reflection
- Community co-researcher roles
- Data co-creation methods

- Participatory data validation
- Ethical participatory research practices
- **Case Study:** Urban slum sanitation improvement project using resident-led research teams.

Module 3: Community Engagement Strategies

- Stakeholder mapping and analysis
- Trust-building in marginalized communities
- Inclusive facilitation techniques
- Cultural competence in health programs
- Community dialogue forums
- **Case Study:** Vaccine uptake improvement through faith-based leader engagement.

Module 4: Social Accountability & Citizen Feedback

- Community scorecards and report cards
- Public expenditure tracking in health
- Feedback loops in service delivery
- Transparency and governance tools
- Rights-based health approaches
- **Case Study:** Maternal health service improvement using citizen scorecards in district hospitals.

Module 5: Digital Participatory Health Tools

- Mobile health (mHealth) platforms
- Crowdsourcing health data
- SMS-based feedback systems
- GIS participatory mapping
- Telehealth community integration
- **Case Study:** SMS-based disease outbreak reporting system in remote communities.

Module 6: Behavior Change & Health Communication

- Behavioral science in health interventions
- Risk communication strategies
- Social norms and behavior influence
- Community storytelling techniques
- Health literacy improvement models
- **Case Study:** HIV prevention campaign using peer-led storytelling approaches.

Module 7: Monitoring, Evaluation & Learning (MEL)

- Participatory M&E frameworks
- Real-time data collection systems
- Community-defined indicators
- Outcome harvesting techniques
- Learning loops in health programs
- **Case Study:** Nutrition program improved through community-defined child growth indicators.

Module 8: Health Systems Strengthening & Policy Integration

- Decentralized health governance

- Policy advocacy through communities
- Integration of community data into national systems
- Financing participatory health programs
- Scaling community innovations
- **Case Study:** Integration of community health data into national health information systems.

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price

23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

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