Social Determinants of Health (SDH) Training Course

Professional Development Training Course Outline

Category	Demography and Population Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Social Determinants of Health (SDH) Training Course is designed to equip healthcare professionals, policymakers, and community leaders with a deep understanding of the environmental, social, and economic factors that influence health outcomes. This comprehensive course explores the critical intersections of education, income, housing, nutrition, and access to healthcare services, emphasizing evidence-based approaches to address health disparities. Participants will gain knowledge in analyzing and applying SDH frameworks to improve population health, enhance healthcare delivery, and foster health equity in communities. Key trending topics such as health equity strategies, population health management, and predictive analytics in social health determinants are integrated throughout the course to ensure relevance to modern healthcare challenges.

By engaging with real-world case studies and interactive sessions, participants will develop the skills to implement strategic interventions and policies that address social health determinants. This course promotes the application of innovative approaches in public health planning, resource allocation, and program evaluation, preparing learners to drive measurable outcomes in their organizations. Attendees will leave with actionable insights to influence health policy, design community-based interventions, and lead initiatives that reduce health inequities, ultimately fostering sustainable health improvements across diverse populations.

Programme Curriculum

Social Determinants of Health (SDH) Training Course

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Course Objectives

1. Understand the fundamental concepts of social determinants of health and their impact on population health.
2. Identify key social, economic, and environmental factors influencing health outcomes.
3. Analyze the role of health disparities in shaping public health strategies.
4. Explore predictive analytics and data-driven approaches for SDH assessment.
5. Develop skills in community-based health interventions and program design.
6. Apply health equity frameworks to policy development and organizational planning.
7. Examine the influence of housing, education, income, and nutrition on health.
8. Implement strategies for improving access to healthcare services in underserved populations.
9. Assess the effectiveness of social health programs through evaluation techniques.
10. Integrate digital health tools and technology for SDH monitoring.
11. Understand the relationship between behavioral health and social determinants.
12. Foster partnerships with community stakeholders for collaborative health solutions.
13. Create actionable plans to reduce health inequities and improve overall community well-being.

Organizational Benefits

- Enhanced capacity to implement health equity initiatives.
- Improved population health outcomes through targeted interventions.
- Strengthened organizational reputation for addressing social health challenges.
- Evidence-based decision-making for resource allocation and policy development.

- Increased staff competency in analyzing and addressing SDH.
- Greater community engagement and stakeholder collaboration.
- Enhanced compliance with public health regulations and standards.
- Improved patient satisfaction and reduced health disparities.
- Access to actionable data for strategic planning and impact measurement.
- Development of sustainable programs addressing social and environmental health determinants.

Target Audiences

- Healthcare professionals and public health practitioners
- Policy makers and government health agencies
- Community health workers and social service providers
- Hospital and clinic administrators
- NGO and nonprofit health organizations
- Researchers and data analysts in health studies
- Academic faculty and public health educators
- Health program managers and project coordinators

Course Duration: 5 days

Course Modules

Module 1: Introduction to Social Determinants of Health

- Overview of SDH concepts and frameworks
- Health disparities and inequities analysis
- Role of social determinants in public health
- Introduction to global SDH initiatives
- Policy implications for addressing health determinants
- Case Study: Community health assessment in urban areas

Module 2: Economic Factors and Health

- Income and wealth distribution impact on health
- Employment and occupational health considerations
- Poverty reduction strategies in public health
- Access to social services and benefits

- Socioeconomic determinants in chronic disease prevalence
- Case Study: Economic interventions in low-income communities

Module 3: Education and Health Outcomes

- Influence of education level on health behaviors
- School-based health promotion strategies
- Literacy and health literacy importance
- Early childhood education and lifelong health impact
- Community education programs and public health
- Case Study: Educational interventions for adolescent health

Module 4: Housing and Environmental Health

- Safe housing as a determinant of health
- Urban planning and health outcomes
- Homelessness and health risks
- Environmental justice and access to green spaces
- Housing policies and public health improvements
- Case Study: Housing interventions for vulnerable populations

Module 5: Nutrition and Food Security

- Impact of food access and quality on health
- Malnutrition and chronic disease prevention
- Community food programs and policy strategies
- Global and local approaches to food security
- Public health campaigns promoting nutrition equity
- Case Study: School meal programs improving child health

Module 6: Access to Healthcare Services

- Healthcare system disparities and barriers
- Strategies to improve accessibility and utilization
- Telemedicine and digital health applications
- Preventive care and early intervention approaches
- Insurance coverage and policy impacts on health access

- Case Study: Community-based primary care expansion

Module 7: Behavioral and Mental Health Factors

- Psychological and social determinants of health
- Stress, mental health, and chronic disease correlation
- Substance use and behavioral health interventions
- Community mental health programs
- Health promotion strategies addressing behavior change
- Case Study: Mental health initiatives in underserved populations

Module 8: Policy, Leadership, and Program Implementation

- Developing policies addressing SDH
- Strategic planning for health equity initiatives
- Stakeholder engagement and collaboration
- Monitoring and evaluation of public health programs
- Leadership skills for managing health interventions
- Case Study: Implementing a multi-sector health equity program

Training Methodology

- Interactive lectures with practical examples
- Case studies and scenario-based exercises
- Group discussions and peer learning sessions
- Hands-on data analysis and SDH mapping exercises
- Role-playing and stakeholder engagement simulations
- Evaluation through quizzes, assignments, and final presentations

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

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