Training Course on Emotional Intelligence for Educational Leadership

Professional Development Training Course Outline

Category	Educational Leadership and Management	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today's fast-evolving educational landscape, the power of emotional intelligence (EI) cannot be overstated. As leaders face increasing demands, rapid changes, and diverse school environments, mastering emotional intelligence is essential for fostering trust, promoting collaboration, and achieving student-centered success. Training Course on Emotional Intelligence for Educational Leadership has been crafted to equip school leaders, educators, and administrators with critical emotional skills to inspire, influence, and lead with empathy, resilience, and strategic awareness.

Combining neuroscience, educational psychology, and leadership development, this course emphasizes self-awareness, self-regulation, social skills, empathy, and motivation—the core pillars of emotional intelligence. Participants will discover practical strategies to improve communication, conflict resolution, staff engagement, and student outcomes. With engaging modules, real-world case studies, and interactive assessments, this transformative training ensures leaders at all levels develop a sustainable emotional toolkit that supports a thriving educational ecosystem.

Programme Curriculum

Training Course on Emotional Intelligence for Educational Leadership

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Course Objectives

1. Understand the five pillars of emotional intelligence in leadership.
2. Apply empathy-driven leadership strategies in educational settings.
3. Enhance self-awareness and emotional regulation in decision-making.
4. Foster inclusive and emotionally safe learning environments.
5. Improve team communication and collaboration through EI.
6. Manage stress and prevent emotional burnout in education.
7. Resolve conflicts using emotionally intelligent negotiation.
8. Build resilient leadership behaviors amidst challenges.
9. Promote positive staff morale and teacher engagement.
10. Cultivate cultural competence through emotional intelligence.
11. Integrate emotional data in leadership planning.
12. Support student mental health and well-being using EI.
13. Develop a personalized emotional intelligence growth plan.

Target Audiences

1. School Principals
2. Assistant Principals
3. Instructional Coaches
4. Educational Administrators
5. Department Heads
6. Aspiring Educational Leaders
7. Teacher Leaders
8. Educational Counselors

Course Duration: 5 days

Course Modules

Module 1: Foundations of Emotional Intelligence in Education

- Understanding the five EI components
- The neuroscience behind emotional responses
- EI’s impact on educational outcomes
- Self-assessment: Discover your EI score
- Emotional Intelligence vs. IQ in leadership
- **Case Study:** A principal’s journey from burnout to emotional empowerment

Module 2: Developing Self-Awareness for Effective Leadership

- Identifying personal emotional triggers
- Journaling for reflection and growth
- Cultivating a mindful leadership mindset
- Emotional feedback from peers and staff
- Aligning values with school vision
- **Case Study:** Transforming leadership through self-discovery

Module 3: Mastering Self-Regulation Under Pressure

- Techniques to manage emotional outbursts
- Building patience and restraint
- Applying mindfulness and breathing techniques
- Time management for stress control
- Establishing consistent emotional routines
- **Case Study:** Emotional control in a crisis situation

Module 4: Empathy and Social Awareness in School Culture

- Active listening for understanding
- Recognizing emotions in students and staff
- Cultural intelligence and inclusion
- Building trust through compassion
- Responding to trauma in educational environments
- **Case Study:** Empathy reshaping a school's climate

Module 5: Relationship Management and Influential Communication

- Leading with kindness and clarity
- Coaching teachers with emotional insights
- Navigating emotionally charged conversations
- Strengthening professional relationships
- Encouraging emotionally responsive teaching
- **Case Study:** Reviving team dynamics through relationship building

Module 6: Conflict Resolution with Emotional Intelligence

- Understanding emotional roots of conflict
- Mediation strategies using EI
- De-escalation techniques
- Collaborative problem-solving
- Setting emotionally intelligent boundaries
- **Case Study:** Conflict transformation in a diverse school staff

Module 7: Building Resilient Educational Leadership

- Overcoming failure with emotional resilience
- The power of positive self-talk
- Modeling resilience for staff and students
- Recovery from professional setbacks
- Long-term strategies for maintaining emotional strength
- **Case Study:** A leader's resilience post-pandemic challenges

Module 8: Personal EI Growth Plan and School Integration

- Designing a personalized EI action plan
- Setting SMART emotional goals
- Integrating EI into school policies and PD
- Tools for ongoing emotional tracking
- Peer support and accountability networks
- **Case Study:** School-wide EI transformation through visionary leadership

Training Methodology

- Experiential learning through real-world scenarios

- Reflective journaling and personal EI assessments
- Group discussions, peer coaching, and role-playing
- Interactive workshops with emotion simulation
- Access to digital EI tracking tools and resources
- Post-course follow-up webinars and growth tracking

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training CenterANCY LD account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com