Training course on Female Leadership

Professional Development Training Course Outline

Category	Leadership and Management	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Training Course on Female Leadership

Training Course on **Female Leadership** course is designed to empower women with the skills, knowledge, and confidence needed to excel in leadership roles. As organizations increasingly recognize the value of diverse leadership, it is essential to equip women with the tools to navigate challenges, influence decision-making, and inspire others. This course will explore the unique experiences of women leaders and provide practical strategies for effective leadership.

Through interactive workshops, case studies, and networking opportunities, participants will learn to develop their leadership style, enhance their communication skills, and build resilience. By the end of the program, participants will be prepared to take on leadership roles and drive positive change within their organizations.

Course Objectives

1. Understand the principles of effective female leadership.
2. Develop personal leadership styles and strategies.
3. Enhance communication and negotiation skills.
4. Build resilience and overcome barriers in leadership.
5. Foster collaboration and mentorship among women leaders.
6. Create actionable plans for leadership growth.
7. Cultivate advocacy and influence skills.
8. Lead diverse teams effectively.
9. Balance work and personal life as a leader.
10. Network and build professional relationships.
11. Enhance entrepreneurship and business ownership
12. Build students in leadership development

13. Lead change through a mindset shift.

Target Audience

1. Aspiring female leaders
2. Current women in leadership positions
3. Managers and team leaders
4. Professionals seeking to enhance their leadership skills
5. Educators and trainers
6. Non-profit organization staff
7. Corporate managers and executives
8. Women in public service

Course Duration: 10 Days

Course Modules

Module 1: Introduction to Female Leadership

- Defining female leadership and its significance.
- Historical context of women in leadership roles.
- Overview of current trends in female leadership.
- Identifying traits of effective female leaders.
- Setting personal leadership goals.

Module 2: Developing Leadership Styles

- Understanding different leadership styles.
- Assessing personal leadership strengths and weaknesses.
- Adapting leadership styles to various situations.
- Embracing authenticity in leadership.
- Crafting a personal leadership development plan.

Module 3: Communication Skills for Leaders

- Importance of effective communication in leadership.
- Techniques for clear and impactful messaging.
- Active listening and empathy in communication.
- Navigating difficult conversations and feedback.
- Utilizing storytelling to inspire and engage.

Module 4: Negotiation and Conflict Resolution

- Understanding the negotiation process.
- Strategies for successful negotiations.
- Building confidence in negotiation scenarios.
- Conflict resolution techniques for leaders.
- Role-playing negotiations and conflict situations.

Module 5: Building Resilience as a Leader

- Understanding resilience and its importance in leadership.
- Strategies for managing stress and adversity.
- Developing a growth mindset.
- Techniques for self-care and well-being.
- Sharing personal resilience stories.

Module 6: Networking and Relationship Building

- Importance of networking for women leaders.
- Strategies for effective networking.
- Building and maintaining professional relationships.
- Leveraging connections for career advancement.
- Engaging in mentorship and sponsorship.

Module 7: Leading Diverse Teams

- Understanding the benefits of diversity in leadership.
- Strategies for fostering inclusive team environments.
- Recognizing and overcoming biases.
- Techniques for managing team dynamics.
- Case studies of successful diverse teams.

Module 8: Leadership in Action

- Implementing leadership strategies in real-world scenarios.
- Participating in group projects and initiatives.
- Collaborating with peers on leadership challenges.
- Sharing success stories and lessons learned.
- Developing a leadership action plan.

Module 9: Advocacy and Influence

- Understanding the role of advocacy in leadership.
- Strategies for influencing change within organizations.
- Engaging stakeholders in leadership initiatives.
- Public speaking and presentation skills for advocacy.
- Analyzing successful advocacy campaigns.

Module 10: Work-Life Balance and Leadership

- Exploring the challenges of work-life balance.
- Strategies for achieving balance as a leader.
- Setting boundaries and prioritizing well-being.
- Time management techniques for busy leaders.
- Sharing experiences and support systems.

Module 11: Mentorship and Sponsorship

- Understanding the difference between mentorship and sponsorship.
- Building effective mentorship relationships.

- Strategies for being a mentor and mentee.
- Engaging in peer mentoring and support networks.
- Case studies of successful mentorship programs.

Module 12: Action Planning for Future Leadership

- Developing personalized action plans for leadership growth.
- Setting long-term goals for career advancement.
- Identifying resources and support networks.
- Creating a sustainability plan for leadership initiatives.
- Sharing action plans and receiving feedback.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- Participants must be conversant in English.
- Upon completion of training, participants will receive an Authorized Training Certificate.
- The course duration is flexible and can be modified to fit any number of days.
- Course fee includes facilitation, training materials, 2 coffee breaks, buffet lunch, and a Certificate upon successful completion.
- One-year post-training support, consultation, and coaching provided after the course.
- Payment should be made at least a week before the training commencement to Fineskill Training Center account, as indicated in the invoice, to enable better preparation.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price

23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

Ready to enroll or request a customized program? Book online or contact us:

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