Training course on Gender and Health

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

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Programme Curriculum

Training Course on Gender and Health

Training Course on **Gender and Health Training** is designed to equip participants with the knowledge and skills necessary to understand and address the intersection of gender and health. This training focuses on how gender influences health outcomes, access to healthcare, and the effectiveness of health policies and programs.

Through interactive workshops, case studies, and practical exercises, participants will learn to analyze health issues through a gender lens, advocate for gender-sensitive health policies, and implement strategies to improve health outcomes for all genders. By the end of the program, participants will be prepared to champion gender equality in health initiatives.

Course Objectives

1. Understand the relationship between gender and health outcomes.
2. Analyze health policies and programs for gender sensitivity.
3. Develop gender-responsive health strategies.
4. Engage stakeholders in health initiatives.
5. Advocate for policies that address gender disparities in health.
6. Evaluate the effectiveness of gender-inclusive health initiatives.
7. Identify best practices in gender and health.
8. Address challenges in implementing gender-sensitive health policies.
9. Promote community engagement in health programs.
10. Foster collaboration among health professionals and advocates.
11. Establish interest in social work
12. Develop Health program managers

13. Enhance gender research in health training.

Target Audience

1. Health professionals
2. Policy makers
3. Gender equality advocates
4. Non-governmental organizations (NGOs)
5. Community health workers
6. Public health officials
7. Researchers in gender and health
8. Educators in health and social sciences

Course Duration: 10 Days

Course Modules

Module 1: Introduction to Gender and Health

- Defining key concepts: gender, health, and equity.
- Overview of global health trends and disparities.
- Understanding the impact of gender on health outcomes.
- Historical context of gender in health movements.
- Setting course objectives related to gender and health.

Module 2: Gender Analysis in Health

- Techniques for conducting gender analysis in health policies.
- Identifying gender-specific health needs and barriers.
- Tools for collecting gender-disaggregated health data.
- Case studies of effective gender analysis in health initiatives.
- Ensuring ethical considerations in data collection.

Module 3: Gender-Responsive Health Policies

- Developing policies that reflect gender-specific health needs.
- Prioritizing gender equality initiatives in health policy.
- Engaging stakeholders in policy formulation.
- Techniques for presenting policy proposals effectively.
- Analyzing successful gender-responsive health policies.

Module 4: Access to Healthcare

- Understanding barriers to healthcare access for different genders.
- Strategies for improving access to health services.
- Examining the role of social determinants in health.
- Developing outreach programs for underserved populations.
- Case studies of successful interventions.

Module 5: Sexual and Reproductive Health

- Exploring gender dimensions of sexual and reproductive health.
- Understanding rights-based approaches to sexual health.
- Strategies for promoting reproductive health services.
- Engaging communities in sexual health education.

- Analyzing case studies of reproductive health initiatives.

Module 6: Mental Health and Gender

- Understanding the impact of gender on mental health.
- Strategies for addressing mental health disparities.
- Promoting mental health awareness in communities.
- Developing gender-sensitive mental health programs.
- Evaluating the effectiveness of mental health initiatives.

Module 7: Gender-Based Violence and Health

- Understanding the health impacts of gender-based violence (GBV).
- Strategies for preventing and responding to GBV.
- Engaging healthcare providers in GBV response.
- Developing support systems for survivors.
- Analyzing case studies of successful GBV interventions.

Module 8: Nutrition and Gender

- Exploring gender dimensions of nutrition and health.
- Understanding the impact of gender on food security.
- Strategies for promoting equitable nutrition programs.
- Engaging communities in nutrition education.
- Case studies of successful nutrition initiatives.

Module 9: Monitoring and Evaluation

- Developing indicators for measuring gender outcomes in health.
- Tools for evaluating the effectiveness of gender-responsive health programs.
- Reporting on gender-related health impacts and achievements.
- Adjusting strategies based on evaluation findings.
- Continuous improvement in gender and health practices.

Module 10: Advocacy for Gender and Health

- Building advocacy skills for promoting gender-responsive health policies.
- Strategies for engaging decision-makers and influencers.
- Communicating the benefits of gender equality in health.
- Utilizing media and social platforms for advocacy.
- Analyzing successful advocacy campaigns.

Module 11: Building Partnerships for Gender and Health

- Importance of collaboration in health initiatives.
- Engaging civil society and community organizations.
- Building alliances with other stakeholders.
- Sharing resources and knowledge for gender-responsive health.
- Case studies of successful partnerships.

Module 12: Action Planning for Gender and Health Initiatives

- Developing personalized action plans for gender-responsive health initiatives.
- Setting measurable goals for health programs.

- Identifying resources and support networks.
- Creating sustainability plans for ongoing gender efforts.
- Sharing action plans and receiving feedback.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- Participants must be conversant in English.
- Upon completion of training, participants will receive an Authorized Training Certificate.
- The course duration is flexible and can be modified to fit any number of days.
- Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

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