

# Training course on Measuring Resilience Outcomes of Adaptive Social Protection

## Professional Development Training Course Outline

|                 |                   |                      |                         |
|-----------------|-------------------|----------------------|-------------------------|
| <b>Category</b> | Social Protection | <b>Duration</b>      | 10 Days                 |
| <b>Base Fee</b> | \$3,000 USD       | <b>Delivery Mode</b> | Online / On-site Hybrid |

## Course Introduction

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Measuring Resilience Outcomes of Adaptive Social Protection (ASP) is a critical discipline for understanding the true impact and effectiveness of social safety nets in an increasingly volatile world. While ASP programs are designed to help individuals, households, and communities better withstand, cope with, and recover from diverse shocks, robust measurement is essential to demonstrate their value, inform adaptive management, and advocate for sustained investment. This specialized field moves beyond traditional output and outcome monitoring, delving into the complex dynamics of resilience—how populations absorb shocks, adapt to changing conditions, and transform underlying vulnerabilities. It provides the tools and methodologies to systematically track progress, identify what works (and why), and ensure that social protection interventions genuinely contribute to building more resilient societies. Training Course on Measuring Resilience Outcomes of Adaptive Social Protection is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in Measuring Resilience Outcomes of Adaptive Social Protection. We will delve into the foundational concepts of resilience measurement, master the intricacies of selecting appropriate indicators and methodologies, and explore cutting-edge approaches to data collection, analysis, and interpretation in complex environments. A significant focus will be placed on understanding attribution and contribution, fostering learning and adaptive management, and effectively communicating resilience findings to diverse audiences. By integrating interdisciplinary perspectives, analyzing real-world complex case studies, and engaging in hands-on data exercises, attendees will develop the strategic acumen to confidently champion and implement robust resilience measurement frameworks, fostering unparalleled evidence-based decision-making, accountability, and transformative impact in social protection.

## Programme Curriculum

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### Training Course on Measuring Resilience Outcomes of Adaptive Social Protection

#### Introduction

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**Training Course on Measuring Resilience Outcomes of Adaptive Social Protection** is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in **Measuring Resilience Outcomes of Adaptive Social Protection**. We will delve into the foundational concepts of resilience measurement, master the intricacies of selecting appropriate indicators and methodologies, and explore cutting-edge approaches to data collection, analysis, and interpretation in complex environments. A significant focus will be placed on understanding attribution and contribution, fostering learning and adaptive management, and effectively communicating resilience findings to diverse audiences. By integrating interdisciplinary perspectives, analyzing real-world complex case studies, and engaging in hands-on data exercises, attendees will develop the strategic acumen to confidently champion and implement robust resilience measurement frameworks, fostering unparalleled **evidence-based decision-making, accountability, and transformative impact** in social protection.

### Course Objectives

Upon completion of this course, participants will be able to:

1. Analyze the fundamental concepts of **resilience** and its various dimensions (absorptive, adaptive, transformative capacity).
2. Comprehend the strategic importance of **measuring resilience outcomes** specifically for Adaptive Social Protection (ASP).
3. Master the conceptualization of **resilience outcomes** and their linkage to ASP program theories of change.
4. Develop expertise in identifying and selecting **key indicators** for measuring different dimensions of resilience.
5. Formulate strategies for applying various **data collection methodologies** for resilience measurement.
6. Understand and utilize different **tools and approaches** for comprehensive resilience assessment.
7. Implement robust approaches to **data analysis and interpretation** for resilience outcomes.
8. Explore the challenges of **attribution and contribution** in measuring resilience and relevant methodologies.
9. Apply principles for designing effective **Monitoring and Evaluation (M&E) frameworks** for ASP programs.
10. Develop strategies for fostering **learning and adaptive management** based on resilience findings.
11. Master effective **reporting and communication** of complex resilience outcomes to diverse audiences.
12. Design a preliminary **resilience measurement framework** for an Adaptive Social Protection program.
13. Examine **global best practices and lessons learned** from successful resilience outcome measurement initiatives.

### Target Audience

This course is essential for professionals involved in monitoring, evaluating, and researching social protection and resilience:

1. **M&E Specialists:** Designing and implementing M&E systems for social protection and resilience programs.
2. **Social Protection Program Managers:** Overseeing program performance and impact.
3. **Data Scientists & Analysts:** Working with quantitative and qualitative data for social programs.
4. **Researchers & Academics:** Conducting studies on resilience and social protection.
5. **Government Statisticians:** Involved in national data collection and reporting.
6. **Humanitarian & Development Practitioners:** Focusing on evidence-based programming.
7. **Policymakers:** Utilizing evidence to inform social protection and resilience policies.
8. **Donors & Funding Partners:** Requiring robust evidence of impact for investments.

**Course Duration: 10 Days**

## **Course Modules**

### **Module 1: Introduction to Resilience and Adaptive Social Protection (ASP)**

- Define resilience: concepts, characteristics (absorptive, adaptive, transformative), and its relevance.
- Introduce Adaptive Social Protection (ASP) as a framework for building resilience.
- Discuss why measuring resilience outcomes is crucial for ASP programs.
- Explore the inherent complexities and challenges in measuring resilience.
- Overview of the course structure and learning objectives.

### **Module 2: Conceptualizing Resilience Outcomes in ASP**

- What are specific resilience outcomes in the context of ASP? (e.g., reduced vulnerability, increased adaptive capacity).
- Overview of conceptual frameworks for understanding resilience outcomes (e.g., RIMA, PRO-ACT).
- Differentiating between outputs, outcomes, and impacts in resilience measurement.
- Linking specific ASP interventions to hypothesized resilience pathways and desired outcomes.
- The importance of a clear and testable theory of change for measuring resilience.

### **Module 3: Key Indicators for Measuring Resilience Outcomes**

- Typology of indicators for measuring resilience across different dimensions.
- Indicators for **absorptive capacity** (e.g., household savings, access to credit, food security levels, coping strategies).
- Indicators for **adaptive capacity** (e.g., adoption of climate-smart agricultural practices, livelihood diversification, skills development).
- Indicators for **transformative capacity** (e.g., participation in local governance, access to basic services, social cohesion, policy changes).
- Strategies for selecting appropriate, context-specific, and measurable indicators.

### **Module 4: Data Collection Methodologies for Resilience Measurement**

- Quantitative data collection methods: household surveys, administrative data from social registries, phone surveys.
- Qualitative data collection methods: focus group discussions, key informant interviews, case studies, participatory assessments.
- Designing and implementing mixed-methods approaches for comprehensive resilience assessment.
- Leveraging existing data sources and integrating data from various sectors.
- Challenges in data collection in complex, dynamic, and data-scarce environments.

## **Module 5: Tools and Approaches for Resilience Measurement**

- Overview of widely used resilience measurement tools (e.g., Resilience Index Measurement and Analysis - RIMA, Household Economy Approach - HEA, Women's Empowerment in Agriculture Index - WEAI).
- Participatory approaches to resilience measurement and community-based monitoring.
- Utilizing remote sensing, geospatial data, and satellite imagery for environmental resilience outcomes.
- Exploring digital tools for data collection (e.g., KoboToolbox, ODK) and analysis in resilience monitoring.
- Criteria for selecting and adapting appropriate tools for specific ASP programs and contexts.

## **Module 6: Data Analysis and Interpretation for Resilience Outcomes**

- Quantitative data analysis techniques: descriptive statistics, inferential statistics (regression analysis, difference-in-differences), panel data analysis.
- Qualitative data analysis techniques: thematic analysis, content analysis, narrative analysis.
- Integrating quantitative and qualitative findings for a holistic and nuanced understanding of resilience.
- Interpreting resilience scores, trends over time, and changes in resilience capacities.
- Addressing data limitations and biases in analysis.

## **Module 7: Attribution and Contribution in Measuring Resilience**

- Understanding the complexities of attributing resilience outcomes directly to ASP interventions in complex systems.
- Differentiating between attribution (causal link) and contribution (plausible influence) in evaluation.
- Methodologies for assessing contribution: contribution analysis, process tracing, realist evaluation.
- The role of counterfactuals, comparison groups, and quasi-experimental designs in evaluating impact.
- Designing evaluations that can credibly assess the role of ASP in building resilience.

## **Module 8: Monitoring and Evaluation (M&E) Frameworks for ASP**

- Designing comprehensive M&E frameworks that integrate resilience outcomes into all stages.
- Developing robust logical frameworks and theories of change specifically for ASP programs.
- Establishing baselines, targets, and regular monitoring cycles for resilience indicators.
- Integrating feedback loops for adaptive management and continuous program adjustments.
- Ensuring M&E systems are flexible, responsive, and fit-for-purpose in dynamic contexts.

## **Module 9: Learning and Adaptive Management in ASP**

- The importance of learning from M&E findings for program improvement and innovation.
- Establishing learning platforms, communities of practice, and knowledge exchange mechanisms for ASP.
- Using M&E data to inform adaptive management decisions and course correction in real-time.
- Facilitating systematic knowledge sharing and peer learning among stakeholders.
- Documenting and disseminating lessons learned for broader policy and programming impact.

## **Module 10: Reporting and Communicating Resilience Outcomes**

- Tailoring resilience outcome reports for diverse audiences: policymakers, donors, affected communities, general public.
- Effective visualization of resilience data using dashboards, infographics, maps, and trend analyses.
- Communicating complex resilience concepts and findings in an accessible and actionable manner.
- The power of storytelling and qualitative evidence in complementing quantitative data.

- Advocating for evidence-based policy and sustained investment in ASP for resilience.

### **Module 11: Institutionalizing Resilience Measurement in Social Protection Systems**

- Strategies for embedding resilience measurement within national social protection systems and institutions.
- Building national capacities for resilience data collection, analysis, and utilization.
- Fostering collaboration between national statistics offices, line ministries, research institutions, and civil society.
- Developing national resilience indicators and standardized reporting frameworks.
- Challenges and opportunities in mainstreaming resilience measurement into routine government processes.

### **Module 12: Future Trends and Innovations in Resilience Measurement**

- Exploring emerging technologies for advanced resilience measurement: big data analytics, artificial intelligence (AI), machine learning.
- Discussing the role of citizen science, community-led data initiatives, and remote sensing in future measurement.
- Innovations in real-time monitoring and early warning systems for resilience tracking.
- The evolving agenda for measuring resilience in the context of climate change, protracted crises, and urban vulnerabilities.
- Ethical considerations, data governance, and data protection in the future of resilience measurement.

### **Training Methodology**

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

### **Register as a group from 3 participants for a Discount**

Send us an email: [info@fineskilltrainingcenter.org](mailto:info@fineskilltrainingcenter.org) or call +254769199797

### **Certification**

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

### **Tailor-Made Course**

We also offer tailor-made courses based on your needs.

### **Key Notes**

### Upcoming Scheduled Sessions

| Start Date  | End Date    | Location | Price   |
|-------------|-------------|----------|---------|
| 28 Sep 2026 | 09 Oct 2026 | Online   | \$2,000 |
| 28 Sep 2026 | 09 Oct 2026 | Physical | \$3,000 |
| 28 Sep 2026 | 09 Oct 2026 | Physical | \$0     |
| 28 Sep 2026 | 09 Oct 2026 | Physical | \$0     |
| 28 Sep 2026 | 09 Oct 2026 | Physical | \$0     |
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