Training course on Social Protection for People with Chronic Illnesses

Professional Development Training Course Outline

Category	Social Protection	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Social Protection for People with Chronic Illnesses is a vital and increasingly critical area of intervention that recognizes the profound and often catastrophic impact of chronic health conditions on household well-being, economic stability, and access to essential services. Chronic illnesses (e.g., diabetes, hypertension, HIV/AIDS, mental health conditions) impose significant financial burdens (medical costs, lost income) and create multifaceted vulnerabilities for individuals and their families. This course explores how social protection instruments, such as health insurance, cash transfers, disability benefits, and social care services, can be strategically designed, adapted, and integrated with health systems to mitigate these impacts, improve health outcomes, and protect the livelihoods of those affected. It recognizes that social protection is not just about poverty reduction but about building resilience and ensuring equitable access to care and support for a growing population facing long-term health challenges. Training Course on Social Protection for People with Chronic Illnesses is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in Social Protection for People with Chronic Illnesses. We will delve into the foundational concepts of chronic illness burden and health equity, master the intricacies of designing social protection programs with health-sensitive features, and explore cutting-edge approaches to fostering financial risk protection, improving access to care, supporting adherence to treatment, and enhancing social inclusion. A significant focus will be placed on hands-on application, analyzing real-world complex case studies, and developing tailored program designs that foster holistic well-being for people with chronic illnesses. By integrating industry best practices, analyzing complex case studies, and engaging in intensive practical exercises, attendees will develop the strategic acumen to confidently lead and implement integrated social protection and health initiatives, fostering unparalleled health equity, financial protection, and improved quality of life.

Programme Curriculum

Training Course on Social Protection for People with Chronic Illnesses

Introduction

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Course Objectives

Upon completion of this course, participants will be able to

1. Analyze the fundamental concepts of **chronic illnesses** and their socio-economic impact on households.
2. Comprehend the strategic role of **social protection in mitigating the burden of chronic illnesses**.
3. Master the design of **health insurance schemes and medical assistance programs** for chronic conditions.
4. Develop expertise in leveraging **cash transfers** to alleviate financial strain and improve health-seeking behaviors.
5. Formulate strategies for integrating social protection with **access to essential medicines and healthcare services**.
6. Understand the critical role of social protection in supporting **adherence to treatment and self-management**.
7. Implement robust approaches to providing **social care services and long-term care** for people with chronic illnesses.
8. Explore key strategies for addressing **stigma and discrimination** faced by people with chronic illnesses.
9. Apply methodologies for conducting **needs assessments** for people with chronic illnesses within social protection.
10. Understand and address **disability, gender, and equity considerations** in social protection for chronic illnesses.

11. Develop preliminary skills in **monitoring and evaluating health and socio-economic outcomes** for this group.
12. Design a comprehensive **social protection program with explicit objectives for people with chronic illnesses**.
13. Examine **global best practices and lessons learned** in linking social protection to chronic illness management.

Target Audience

This course is essential for professionals involved in social protection, health, and social care:

1. **Social Protection Policymakers & Program Managers:** Designing and overseeing social protection interventions.
2. **Health Policy & Public Health Professionals:** Focusing on chronic disease management and universal health coverage.
3. **Economists & Health Economists:** Analyzing the financial burden of illness and cost-effectiveness.
4. **Social Workers & Social Care Providers:** Delivering direct support to affected individuals and families.
5. **Government Officials:** From ministries of social welfare, health, and finance.
6. **Development Practitioners:** From NGOs, UN agencies, and international organizations.
7. **Researchers:** Studying the socio-economic impact of chronic illnesses.
8. **Patient Advocates & Civil Society Organizations:** Representing the needs of people with chronic illnesses.

Course Duration: 10 Days

Course Modules

Module 1: Foundations of Chronic Illness and Socio-Economic Impact

- Define chronic illnesses and their growing global burden.
- Understand the multi-faceted socio-economic impact on households (direct and indirect costs).
- Discuss the concept of "medical impoverishment" and catastrophic health expenditures.
- Explore the link between chronic illness, poverty, and vulnerability.
- Identify key challenges faced by people with chronic illnesses and their caregivers.

Module 2: Strategic Role of Social Protection in Mitigating Chronic Illness Burden

- Comprehend how social protection can mitigate the burden of chronic illnesses.
- Discuss the protective, preventive, promotive, and transformative roles of social protection.
- Understand how social protection reduces financial barriers to care and improves well-being.
- Explore the pathways from social protection to improved health outcomes and reduced inequalities.
- Identify different social protection instruments relevant to chronic illnesses.

Module 3: Health Insurance and Medical Assistance for Chronic Conditions

- Master the design of health insurance schemes and medical assistance programs for chronic conditions.
- Learn about different models: contributory, non-contributory, community-based.
- Discuss benefit packages, co-payments, and catastrophic caps for chronic care.
- Explore strategies for expanding coverage to vulnerable populations.
- Analyze case studies of health financing mechanisms for chronic illnesses.

Module 4: Cash Transfers for Financial Strain and Health-Seeking Behaviors

- Develop expertise in leveraging cash transfers to alleviate financial strain related to chronic illness.
- Understand how cash transfers can cover medical expenses, transport, and nutritional needs.
- Discuss conditionalities linked to health check-ups, treatment adherence, and support group participation.
- Explore the impact of cash transfers on health-seeking behaviors and continuity of care.
- Analyze case studies of cash transfers supporting people with chronic illnesses.

Module 5: Integrating Social Protection with Access to Essential Medicines and Services

- Formulate strategies for integrating social protection with access to essential medicines and healthcare services.
- Learn about mechanisms for ensuring affordable access to chronic disease medications.
- Discuss the role of social protection in enhancing access to primary healthcare and specialist services.
- Explore linkages with community health workers and outreach programs.
- Analyze examples of integrated SP-health service delivery.

Module 6: Social Protection Supporting Treatment Adherence and Self-Management

- Understand the critical role of social protection in supporting adherence to treatment and self-management.
- Discuss how reduced financial stress can improve medication adherence.
- Learn about complementary programs for health literacy, peer support, and counseling.
- Explore the role of social protection in facilitating access to assistive devices and rehabilitation.
- Analyze case studies of social protection fostering better health management.

Module 7: Social Care Services and Long-Term Care

- Implement robust approaches to providing social care services and long-term care.
- Learn about home-based care, community-based care, and institutional care models.
- Discuss financing mechanisms for long-term care and caregiver support.
- Explore the role of social protection in supporting informal caregivers.
- Analyze case studies of social care for people with chronic illnesses

Module 8: Addressing Stigma and Discrimination

- Explore key strategies for addressing stigma and discrimination faced by people with chronic illnesses.
- Discuss how social protection programs can promote social inclusion and reduce marginalization.
- Learn about awareness campaigns and anti-discrimination policies.
- Understand the importance of rights-based approaches in social protection design.
- Analyze case studies of programs tackling stigma.

Module 9: Needs Assessments for People with Chronic Illnesses

- Apply methodologies for conducting comprehensive needs assessments for people with chronic illnesses.
- Learn to use surveys, interviews, and participatory tools to identify their specific needs.
- Discuss how assessment findings inform targeted social protection interventions.
- Explore methods for identifying barriers to care and support.
- Practice designing a needs assessment for this vulnerable group.

Module 10: Disability, Gender, and Equity Considerations

- Understand and address disability, gender, and equity considerations.
- Discuss how social protection can address the specific needs of people with disabilities and chronic illnesses.
- Explore gender-sensitive approaches to program design and delivery.
- Learn about targeting mechanisms to reach the most vulnerable and marginalized.
- Analyze case studies focusing on equity in SP for chronic illnesses.

Module 11: Monitoring and Evaluating Health and Socio-Economic Outcomes

- Develop preliminary skills in monitoring and evaluating health and socio-economic outcomes.
- Learn to select appropriate indicators for tracking changes in health status, financial protection, and quality of life.
- Discuss methods for collecting data on health service utilization and treatment adherence.
- Explore challenges in attribution and long-term impact measurement.
- Practice designing an M&E framework for an SP-health integrated program.

Module 12: Designing Integrated Programs and Global Best Practices

- Design a comprehensive social protection program with explicit objectives for people with chronic illnesses.
- Integrate social protection instruments with complementary health and social care services.
- Present the integrated program design and rationale.
- Examine global best practices and lessons learned in linking social protection to chronic illness management.
- Collaborate on a group project to design an innovative integrated program.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

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Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- Participants must be conversant in English.
- Upon completion of training, participants will receive an Authorized Training Certificate.
- The course duration is flexible and can be modified to fit any number of d

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

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