# Value-Based Care for Aging Populations Training Course

Professional Development Training Course Outline

| | | | |
|---|---|---|---|
| **Category** | Demography and Population Studies | **Duration** | 5 Days |
| **Base Fee** | $1,500 USD | **Delivery Mode** | Online / On-site Hybrid |

## Course Introduction

The global aging population is increasing rapidly, creating an urgent need for healthcare systems to transition from volume-based to value-based care models. This training course provides comprehensive insights into the principles, strategies, and implementation of value-based care specifically tailored for aging populations. Participants will gain critical knowledge in optimizing patient outcomes, improving care coordination, and enhancing cost-efficiency across healthcare delivery systems. By integrating evidence-based practices, technological innovations, and patient-centered approaches, healthcare professionals can effectively address the complex needs of older adults.

Healthcare organizations are increasingly focused on improving quality metrics, reducing preventable hospitalizations, and enhancing patient satisfaction for elderly populations. **Value-Based Care for Aging Populations Training Course** equips participants with the tools to implement successful value-based care programs, including risk stratification, population health management, and interprofessional collaboration. Through practical case studies and interactive learning modules, participants will understand how to design sustainable care models that align financial incentives with improved patient outcomes, ultimately supporting healthier, independent aging for their communities.

## Programme Curriculum

**Value-Based Care for Aging Populations Training Course**

**Introduction**

The global aging population is increasing rapidly, creating an urgent need for healthcare systems to transition from volume-based to value-based care models. This training course provides comprehensive insights into the principles, strategies, and implementation of value-based care specifically tailored for aging populations.

Participants will gain critical knowledge in optimizing patient outcomes, improving care coordination, and enhancing cost-efficiency across healthcare delivery systems. By integrating evidence-based practices, technological innovations, and patient-centered approaches, healthcare professionals can effectively address the complex needs of older adults.

Healthcare organizations are increasingly focused on improving quality metrics, reducing preventable hospitalizations, and enhancing patient satisfaction for elderly populations. **Value-Based Care for Aging Populations Training Course** equips participants with the tools to implement successful value-based care programs, including risk stratification, population health management, and interprofessional collaboration. Through practical case studies and interactive learning modules, participants will understand how to design sustainable care models that align financial incentives with improved patient outcomes, ultimately supporting healthier, independent aging for their communities.

**Course Objectives**

1. Understand the principles and frameworks of value-based care for aging populations.
2. Analyze the impact of demographic changes on healthcare delivery and policy.
3. Implement care coordination strategies to improve patient outcomes.
4. Develop patient-centered care plans focusing on quality of life.
5. Apply risk stratification tools to manage chronic conditions effectively.
6. Evaluate healthcare cost-efficiency in value-based care models.
7. Integrate technology and digital health solutions for elder care.
8. Enhance interprofessional collaboration among healthcare teams.
9. Measure and monitor quality metrics for aging population care.
10. Address social determinants of health affecting elderly patients.
11. Design sustainable care models aligned with financial incentives.
12. Incorporate evidence-based practices in clinical decision-making.
13. Utilize case studies to identify best practices and lessons learned.

**Organizational Benefits**

- Improved patient satisfaction and engagement among aging populations.
- Reduced hospital readmissions and avoidable complications.
- Enhanced care coordination across interdisciplinary teams.
- Optimized resource utilization and cost management.
- Strengthened compliance with healthcare quality metrics.
- Increased organizational reputation for delivering high-quality elder care.
- Development of staff competencies in value-based care delivery.

- Improved population health outcomes and preventive care.
- Integration of innovative technologies in care delivery.
- Enhanced alignment of financial incentives with patient outcomes.

**Target Audiences**

- Healthcare administrators and executives
- Physicians and geriatric specialists
- Nurses and nurse practitioners
- Care coordinators and case managers
- Policy makers and healthcare consultants
- Health IT and digital health specialists
- Rehabilitation and long-term care professionals
- Public health professionals

**Course Duration: 5 days**

**Course Modules**

**Module 1: Principles of Value-Based Care**

- Definition and history of value-based care
- Core principles for aging populations
- Comparison with traditional fee-for-service models
- Policy and regulatory frameworks
- Best practices in patient-centered care
- Case Study: Implementation of value-based care in a geriatric clinic

**Module 2: Demographics and Aging Population Trends**

- Global aging population statistics
- Impact on healthcare systems and services
- Chronic disease prevalence and management
- Socioeconomic factors affecting elderly care
- Predictive analytics for aging populations
- Case Study: Population health planning for older adults

**Module 3: Care Coordination and Integration**

- Interdisciplinary team roles
- Communication strategies for care teams
- Patient transition management
- Medication management and safety protocols
- Home care and community services integration
- Case Study: Reducing hospital readmissions through coordinated care

**Module 4: Risk Stratification and Chronic Disease Management**

- Identification of high-risk patients
- Tools and methodologies for risk assessment
- Care plan customization based on risk levels
- Monitoring and follow-up strategies
- Reducing complications and improving outcomes
- Case Study: Managing heart failure patients in a value-based model

**Module 5: Cost Efficiency and Financial Models**

- Healthcare cost drivers in aging populations
- Financial incentives in value-based care
- Budgeting and resource allocation strategies
- ROI analysis for care programs
- Strategies to reduce unnecessary hospitalizations
- Case Study: Cost-benefit analysis of a senior care program

**Module 6: Technology and Digital Health in Elder Care**

- Telehealth and remote monitoring tools
- Electronic health records and interoperability
- Data analytics for population health management
- Digital engagement for patient empowerment
- AI applications in elder care management
- Case Study: Implementing telehealth for rural elderly populations

**Module 7: Quality Metrics and Performance Evaluation**

- Key performance indicators for aging care

- Patient-reported outcome measures
- Benchmarking against industry standards
- Continuous quality improvement initiatives
- Regulatory compliance monitoring
- Case Study: Evaluating outcomes in a value-based eldercare program

**Module 8: Social Determinants of Health and Community Engagement**

- Identifying social risk factors affecting elders
- Community-based interventions
- Nutrition, housing, and transportation support programs
- Caregiver education and support
- Policy implications for social determinants of health
- Case Study: Community initiative to reduce social isolation in seniors

**Training Methodology**

- Interactive lectures and presentations
- Case study analysis and group discussions
- Role-playing and simulation exercises
- Hands-on practical workshops
- Q&A sessions with industry experts
- Assessment through quizzes and reflective exercises

**Register as a group from 3 participants for a Discount**

**Send us an email: info@fineskilltrainingcenter.org or call** *+254769199797*

***Certification***

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

***Tailor-Made Course***

*We also offer tailor-made courses based on your needs.*

**Key Notes**

**a.** The participant must be conversant with English.

**b.** Upon completion of training the participant will be issued with an Authorized Training Certificate

**c.** Course duration is flexible and the contents can be modified to fit any number of days.

**d.** The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

**e.** One-year post-training support Consultation and Coaching provided after the course.

**f.** Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

## Upcoming Scheduled Sessions

| Start Date | End Date | Location | Price |
|---|---|---|---|
| **23 Nov 2026** | 27 Nov 2026 | Online | $1,000 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $1,500 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $3,000 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $3,000 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $6,000 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $4,500 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $6,000 |
| **23 Nov 2026** | 27 Nov 2026 | Physical | $6,000 |

Ready to enroll or request a customized program? Book online or contact us:

**Register Online Now**

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com