Youth Employment and Labour Protection Training Course

Professional Development Training Course Outline

Category	Trade Unions	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Youth employment and labour protection have become central pillars of sustainable economic growth, social justice, and inclusive development in today's rapidly changing global labour market. With rising youth unemployment, expansion of the gig economy, digital transformation, and increasing informal labour systems, there is an urgent need to equip young people with knowledge of decent work standards, labour rights, occupational safety, and employment readiness skills. Youth Employment and Labour Protection Training Course is designed to bridge the gap between labour market demand and youth employability by strengthening awareness of labour laws, workplace protection mechanisms, ethical employment practices, and future-of-work competencies.

The course integrates global best practices from the International Labour Organization (ILO) frameworks, youth empowerment strategies, and modern workforce trends such as remote work, freelancing, green jobs, and digital labour platforms. It empowers participants to understand employment contracts, workplace safety, social protection systems, and dispute resolution mechanisms while building practical skills for career development. By combining theoretical knowledge with real-world case studies, the program ensures youth are prepared for safe, fair, and productive participation in the labour market.

Programme Curriculum

Youth Employment and Labour Protection Training Course

Introduction

Youth employment and labour protection have become central pillars of sustainable economic growth, social justice, and inclusive development in today's rapidly changing global labour market. With rising youth unemployment, expansion of the gig economy, digital transformation, and increasing informal labour systems, there is an urgent need to equip young people with knowledge of decent work standards, labour rights,

occupational safety, and employment readiness skills. Youth Employment and Labour Protection Training Course is designed to bridge the gap between labour market demand and youth employability by strengthening awareness of labour laws, workplace protection mechanisms, ethical employment practices, and future-of-work competencies.

The course integrates global best practices from the International Labour Organization (ILO) frameworks, youth empowerment strategies, and modern workforce trends such as remote work, freelancing, green jobs, and digital labour platforms. It empowers participants to understand employment contracts, workplace safety, social protection systems, and dispute resolution mechanisms while building practical skills for career development. By combining theoretical knowledge with real-world case studies, the program ensures youth are prepared for safe, fair, and productive participation in the labour market.

Course Duration

5 days

Course Objectives

1. Promote youth employment empowerment and sustainable livelihoods
2. Strengthen understanding of labour rights and workplace protection laws
3. Enhance awareness of decent work agenda and fair wages systems
4. Build capacity in occupational health and safety (OHS) compliance
5. Improve knowledge of gig economy labour regulations and digital work platforms
6. Develop skills for job readiness and employability enhancement
7. Strengthen understanding of social protection systems and worker benefits
8. Promote awareness of gender equality and inclusive labour markets
9. Equip youth with tools for career development and skills matching
10. Enhance understanding of employment contracts and labour dispute resolution
11. Build resilience for informal sector and vulnerable employment protection
12. Promote awareness of green jobs and future of work opportunities
13. Strengthen advocacy for youth labour policy engagement and reforms

Target Audience

1. Unemployed youth and job seekers
2. University and college students
3. Technical and vocational training (TVET) trainees
4. Young entrepreneurs and startups founders
5. Labour officers and HR assistants
6. Community youth leaders and NGOs
7. Policy advocates and social development workers
8. Gig workers, freelancers, and digital platform workers

Course Modules

Module 1: Introduction to Youth Employment Landscape

- Global and regional youth unemployment trends
- Labour market structures and employment types
- Informal vs formal employment systems
- Future of work and digital transformation

- Youth employability gaps
- **Case Study:** Rising youth unemployment in Africa and digital skills mismatch solutions

Module 2: Labour Laws and Worker Rights

- National labour laws and international conventions
- Worker rights and employer responsibilities
- Employment contracts and legal protections
- Child labour and forced labour prevention
- Labour inspection systems
- **Case Study:** Labour rights violations in informal manufacturing sectors

Module 3: Occupational Safety and Health (OSH)

- Workplace safety standards and regulations
- Hazard identification and risk management
- Emergency preparedness and response systems
- Personal protective equipment (PPE) usage
- Mental health in the workplace
- **Case Study:** Factory accident prevention through OSH compliance

Module 4: Decent Work and Fair Employment

- ILO decent work agenda principles
- Fair wages and equal pay systems
- Safe working conditions and dignity at work
- Labour exploitation prevention
- Ethical employment practices
- **Case Study:** Sweatshop labour reforms in global supply chains

Module 5: Gig Economy and Digital Labour Rights

- Freelancing platforms and digital work trends
- Algorithmic management and worker protection
- Online contracts and payment security
- Platform accountability and regulation
- Cybersecurity for digital workers
- **Case Study:** Uber and gig worker classification debates

Module 6: Employment Skills and Career Development

- CV writing and professional branding
- Interview preparation and communication skills
- Soft skills for workplace success
- Networking and career planning
- Entrepreneurship basics for youth
- **Case Study:** Youth startup success through skills training programs

Module 7: Social Protection and Worker Welfare

- Social security systems and benefits
- Health insurance and pension schemes

- Unemployment benefits and safety nets
- Labour unions and collective bargaining
- Gender equality and inclusion policies
- **Case Study:** Social protection expansion for informal workers

Module 8: Labour Dispute Resolution and Advocacy

- Workplace conflict resolution mechanisms
- Mediation and arbitration processes
- Labour courts and legal aid systems
- Worker advocacy and union roles
- Policy engagement and youth voice
- **Case Study:** Resolution of wage disputes in construction sector projects

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com